# Acting the Intangible: Hints of Politeness in Non-Verbal Form

Jumanto Jumanto<sup>1</sup>, Sarif Syamsu Rizal<sup>1</sup> & Raden Arief Nugroho<sup>1</sup>

Correspondence: Jumanto Jumanto, Faculty of Humanities, Universitas Dian Nuswantoro, Semarang, Jawa Tengah, Indonesia. Tel: 62-812-878-2484. E-mail: ilhamj@dsn.dinus.ac.id

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#### Abstract

This review paper has explored politeness in non-verbal form to come to hints for indicating the ideology. Politeness in non-verbal form is researched by reviewing verbal politeness theories through interpretive techniques, and then the data in form of interpreted hints based on the reviews are analyzed by employing a coding technique. The six non-verbal hints of politeness found out based on the theoretical reviews are silence for politeness, gestures for politeness, gifts for politeness, observance of norms, rules, and regulations for politeness, adjusted behavior for politeness, and performance for politeness. The hints expectedly provide a sufficient account for non-verbal politeness in interactions or communication between a speaker and a hearer. The findings also encourage promoting harmony among speakers of languages in non-verbal interactions or communication, especially in formal situations or in the general public. The hints are hopefully also worth considering in the context of English language teaching and learning across languages and cultures in the world.

**Keywords:** verbal/linguistic politeness, non-verbal politeness, interpersonal face, social face, hint

### 1. Introduction

Language use is a matter of probabilities (Jumanto, 2014), either verbal language or non-verbal language. Conveying messages, therefore, is a matter of choices whether a speaker is using verbal language or verbal form or utterances, or they are using non-verbal language or non-verbal form or, merely called *acting* in this paper. The word acting refers to the art or practice of representing a character on a stage or before cameras (Note 1), analogically used here as acting before a particular hearer or in the general public. This acting may be in form of facial expressions or gestures, or else indicating non-verbal responses for communicating messages.

One of the messages conveyed by a speaker to a hearer is an ideology called politeness. Politeness is a message having to do with the want or the will of a particular hearer to be appreciated by a speaker of language. This concept is termed *face* by Erving Goffman (1959). Along with the development of face theory, there has been interpersonal face or social face. The former is managed together by a speaker and a hearer in a *vis-a-vis* communication, while the latter is protected together by a particular social group in interactions or communication. Interpersonal face or social face needs to be considered as well as maintained for the sake of interpersonal harmony or social harmony.

Theories of politeness on interpersonal face or social face are important for interpersonal interactions or social interactions. These interactions may be vehicled by verbal form or non-verbal form. As in the case of politeness ideology, that verbal form or utterances should be elaborated in such a way that it is perceived as conveying politeness, and so is the case of non-verbal form or actings.

This review paper on acting the intangible, i.e. hints of politeness in non-verbal form has made use of theories of verbal politeness, in which hints are interpreted through a coding technique upon the interpretive techniques applied in the verbal politeness theory reviews. The term intangible here is used to give an emphasis on the fact that politeness is a variant of meaning, thus concerning what behind the form perceived by our visual senses. Upon the hints interpreted, actings for politeness are presented, taken from real-life everyday practices in the Indonesian context within empirically logical assumption as well as experience of the researchers.

# 2. Method

This qualitative research is a literature review. A literature review requires different kinds of activities and ways of thinking (Baker, 2000). An effective review creates a firm foundation for advancing knowledge, facilitates

<sup>&</sup>lt;sup>1</sup> Faculty of Humanities, Universitas Dian Nuswantoro, Semarang, Jawa Tengah, Indonesia

theory development, closes areas where a plethora of research exists, and uncovers areas where research is needed (Webster & Watson, 2002). In this review, new ideas from others' work are extracted by synthesizing and summarizing previous sources so that new theories and directions for future research can be built and suggested based on the evidence (Bolderston, 2008). The literature review in this research is done through interpretive techniques; therefore, interpreting is the main way of thinking in this research. In this research, foundation for advancing knowledge and developing theory is created from interpreting and reviewing established theories of verbal politeness to come to hints of non-verbal politeness. The hints function to limit areas for further research, i.e. non-verbal politeness. Other ways of thinking involved in this research are synthesizing and summarizing of the hints, and then elaboration of the hints into practices (actings) is made to confirm that the hints are applicable in probable real-life situations of speech communities.

Through the interpretive techniques, the researchers examine the data and interpret them through forming an impression and reporting it in a structured form. The data in form of theory reviews upon the interpretative techniques are then further analyzed through a coding technique, which consists of three steps: open coding, axial coding, and selective coding (Strauss & Corbin, 1990; Holloway, 1997; Bohm, 2004; Saldana, 2012).

In the open coding, the data in form of theory reviews are separated and conceptualized. The separated data are then reunited in the axial coding to come to major categories. The selective coding then discovers the main phenomena, i.e. a story line built by relating the major categories from the axial coding. The main non-verbal hints are then applied to practices of politeness in everyday life.

The definition of politeness as the guideline for the reviews of politeness theories in this research is the one proposed by Jumanto (2014), i.e. "Politeness is everything good that has been uttered as well as acted by the speaker to the hearer within a particular context, to maintain their interpersonal face as well as their social face". The verb *uttered* in the definition refers to verbal politeness, while the verb *acted* to non-verbal politeness. Based on the definition, the researchers examine and interpret interpersonal face and social face and their connection with verbal politeness theories to come to the non-verbal hints. It is the non-verbal hints of politeness which are to be found out in this research.

#### 3. Results

# 3.1 Review of Verbal Politeness Theories and Non-Verbal Hints Interpreted

The data in form of theory reviews here are interpreted from verbal politeness theories of Fraser & Nolen (1981), Leech (1983), Arndt & Janney (1985), Brown & Levinson (1987), Ide (1989), Watts (1989), Gu (1990), Lakoff (1990), Blum-Kulka (1992), Spencer-Oatey (1992), and Thomas' Pollyanna Hypothesis (1996). Each of the theories is reviewed and interpreted for the non-verbal hints below. A hint here is referred to as a slight indication of the existence, approach, or nature of something (Note 2) or a piece of advice that helps us to do something (Note 3).

### 3.1.1 Fraser and Nolen (1981)

Fraser & Nolen (1981) propose a different view on politeness. They suggest that the freedom of others in interactions, also in conversations, should be adjusted to a conversational contract. The contract includes observance of norms and also rights and obligations in the interactions with others. The norms proposed by them are based on four dimensions: conventional, institutional, situational, and historical. Conventional dimensions include common rules in interactions, e.g. turns in conversation and softness or loudness of voice. Institutional dimensions include rights and obligations as ruled by a social institution, e.g. the right to speak in court and attentive silence in the church. Situational dimensions include factors in relation to roles, status, and relative power between a speaker and a hearer. Historical dimensions refer to previous interactions between a speaker and a hearer. The four dimensions vary in the applications. Politeness refers to observance to the conversational contract, while impoliteness happens due to violation of the contract. Normal interactions, i.e. interactions based on norms, thus politeness, are usually not seen, while impoliteness is usually noticed. In the eye of Fraser and Nolen, politeness is not in form of strategic interaction nor making a hearer feel comfortable, but it is merely doing the obligations acceptable to terms and conditions in the conversational contract.

The non-verbal hints interpreted from Fraser and Nolen's theory are probably (1) that observing the norms in society or rules in institutions is polite, instead of violating them, and (2) that keeping silent is polite, as it is a contract to observe when the situation calls.

#### 3.1.2 Leech (1983)

Leech (1983) studies politeness in the light of harmony and smooth social interaction, so potential face-threatening acts should be avoided. Leech has proposed 7 maxims for social harmony, i.e. maxims of (1)

tact, (2) generosity, (3) approbation, (4) modesty, (5) agreement, (6) sympathy, and (7) consideration. These maxims should be elaborated in such a way that they give benefits more to others than to one's self. Leech has formulated things a speaker should avoid doing to others (the don'ts), i.e. don't tell others what to do, don't say bad things of others, don't express happiness when others are not happy, don't attack others' view or ideas, and don't praise yourself or show off your wealth or strength.

The non-verbal hints interpreted from Leech's principles of politeness are probably (1) that making others happy, for example by giving things they would like to expect or to have is polite, and (2) that saying nothing or keeping silent when it makes others happy is probably polite.

#### 3.1.3 Arndt and Janney (1985)

Arndt & Janney (1985) propose the appropriacy-based approach to politeness. This theory asserts that politeness concerns appropriate expressions in appropriate context, based on appropriate conventional rules. Arndt and Janney's theory is an interpersonal framework stressing on people as the main factor as well as the center of politeness. This theory centers on emotive communication, instead of emotional communication. The former refers to strategic modification of affective signals to influence others, determined by social sanctions, interaction norms, and civilized expectations, which enables a speaker to control their natural impulses. The latter refers to spontaneous, uncontrolled expressions of emotion. Emotive communication within this theory involves not only utterances but also para- and non-linguistic signals under three dimensions: confidence, positive and negative affections, and intensity, through verbal forms, vocal, and kinesics, termed as cross-modal emotive cues.

This theory elaborates interpersonal supportiveness. Being polite here is not to do with social expectations, but is more to avoid interpersonal conflicts. Interpersonal supportiveness is used to convey message. The main idea is that there are supportive ways and non-supportive ways to express positive and negative feelings. An effective speaker tries to minimalize emotional uncertainty of the hearer by behaving as supportively as possible. This interpersonal supportiveness refers to interpersonal politeness (or tact), which differs from social politeness. Social politeness consists of linguistic forms of high convention, like traffic regulations as a set of conventional rules, which are socially appropriate. Interpersonal politeness is conciliative, while social politeness is regulative.

The non-verbal hints interpreted from this Arndt and Janney's theory are probably (1) that giving any signs or cross-modal emotive cues in interaction with a hearer is polite, and (2) that observing social symbols or signs of regulations in social context is polite.

#### 3.1.4 Brown and Levinson (1987)

Brown & Levinson studies politeness in line with face management, engineering the theory of face, i.e. the want of everyone by Erving Goffman (1959). In the face theory, everyone has positive face and negative. Positive face refers to the want or the will to be appreciated by others, while negative face refers to the want or the will not be deappreciated (Brown & Levinson, 1987). They have then divided utterances or verbal acts into two, i.e. face-threatening acts (FTA) and face-saving acts (FSA), and also proposed politeness and negative politeness strategies. In brief, the politeness strategies of Brown & Levinson are of 5 categories: (1) bald on records, (2) positive politeness, (3) negative politeness, (4) off the records, (5) do not do the FTA.

The non-verbal hints interpreted from the theory are probably (1) that giving something better or best to others, whether we are close to them (positive politeness) or we are not (negative politeness) is polite, and (2) that keeping silent (not doing the FTA) is polite.

## 3.1.5 Ide (1989)

Ide's theory (1989) is based on Japanese politeness. The theory highlights discernment as the main aspect of politeness, i.e. honorific forms or chosen verbal utterances demanded by the society. There are no socially neutral utterances in Japanese, but honorific and non-honorific ones. A speaker should choose either one to give information on their interpersonal relationship, even in their most banal factual statement. Use of honorific forms is a must so as to reflect a socio-pragmatic equivalence to grammatical concord. This Japanese politeness called wakimae is based on social conventions. Within this Ide's theory, there are four conventional rules to observe: being polite to people with higher social status, being polite to people with more power, being polite to older people, being polite in the formal situations: to the participants, the occasions, or the topic.

The non-verbal hints interpreted from this Ide's theory are probably (1) that giving any signs of discernment to others with higher social status or with more power, and older people, is polite, and (2) that observing the formal situation and its participants, occasions, and topic is polite.

#### 3.1.6 Watts (1989)

Watts' theory of politeness (1989) refers to emotive communication as politic behavior, i.e. sociocultural behaviors directed to instill or maintain an equilibrium of interpersonal relationship of individuals in a social group. The equilibrium does not refer to social equality, but more to maintenance of social status-quo. Politeness is a particular case of politic behavior.

Important aspects of Watts' theory are restrictive codes and elaborative codes (Bernstein, 1971; Atkinson, 1985). Restrictive codes refer to closed communicative system, while elaborative codes to open communication system. The former system is practiced by closed-groups, while the latter is practiced by open-groups. Closed social groups with closed communicative system place the group's interest above the individual's, while the open social groups with open communicative system enjoy the individual's interest above the group's. This distinction has to do with Ide's notions of volition and discernment. Discernment is practiced by a closed society, for example, Japanese, which basically has a closed communicative system. A society with volision orientation usually has open communicative system, which practices volition, i.e. conscious selection of language by a speaker. Discerment strategies demand that an individual adjust their roles within a group, while volision strategies enable an individual to be prominent beyond a social group.

In Watts' theory, a non-politic behavior is the negative deviation of politic behavior, while politicness is the positive deviation. Politeness consists of behaviors which are more than merely politic or more than merely appropriate. Politeness is a strategis conscious behavior which aims to positively influence the opinion of a hearer upon a speaker's self.

The non-verbal hints interpreted from Watts' theory are probably (1) that performing more or better than the group's interest in an open society is positive or polite, and (2) that observing and adjusting to the group's interest in a closed society is polite.

# 3.1.7 Gu (1990)

Gu (1990) views politeness from the concept of Chinese politeness. Gu explicitly links politeness to social morals and ethics, thus managing social face for politeness, instead of interpersonal face. Gu's theory is prescriptive in the concept of Chinese limao (politeness), and is attached to moral sanctions from the society. Politeness is not instrumental but normative. Face is not threatened when individual want is not satisfied, but it is when an individual does not observe the standards or expectations of the society. Within the Chinese concept, politeness holds the principle that individual's behaviors should be adjusted to social expectations on respectfulness, modesty, and warmth and refinement. Gu proposes four maxims of politeness, i.e. self-denigration, address, tact, and generosity.

The non-verbal hints interpreted from Gu's theory are probably (1) that giving any signs of respect, modesty, warmth, or refinement to others is polite, and (2) that giving things to others as a sign of generosity is polite.

#### 3.1.8 Lakoff (1990)

Lakoff (1990) asserts that politeness has fallen into imperative rules, i.e. (1) *Don't impose*, (2) *Give options*, and (3) *Make A feel good, be friendly* (Lakoff, 1990). In the first rule, Lakoff suggests that an utterance or verbal form should not contain imposition or arrogance from the side of a speaker. Different cultures apply the three rules differently, and hence culture consequently affects social distance in the first rule, deference in the second, and camaraderie or friendship in the third. Social distance suggests strategies of impersonality, deference does those of respect, and camaraderie does those of informality. Furthermore, Lakoff sees roughly that European cultures stress more on distancing strategies, Asian cultures more on deferential strategies, and modern American cultures on camaraderie.

The non-verbal hints for politeness interpreted from this theory are (1) that keeping the considerate silence instead of making any imposition even the lightest one is polite, and (2) that producing any non-verbal signs of being friendly or making a hearer feel good is polite.

# 3.1.9 Blum-Kulka (1992)

Blum-Kulka (1992) studies politeness in the context of Israel-Jewish. This theory borrows elements of other politeness theories and interprets them in a culture-relativistic concept. The term cultural norms or cultural scripts are central in this theory. This theory embraces the concept of face-wants but the wants are culturally determined. It also admits obligatory and strategic use of language, but the scope and depth are interculturally different. Obligatory use of language in this theory is termed cultural conventions. Politeness in Blum-Kulka's

theory is about appropriate social behaviors, determined by cultural expectations or cultural norms. This theory of politeness involves cultural interpretations on interactions of four parameters: social motivations, expressive modes, social differentials, and social meaning. Social motivations refer to reasons for someone's being polite, expressive modes to linguistic forms for politeness, social differentials to situational conditions for politeness (e.g. power, distance, relationship), and social meaning of linguistic expressions in particular context.

The non-verbal hints interpreted from this Blum Kulka's theory are probably (1) that giving any signs of appreciation or any conventional symbols is polite, and (2) that behaving non-verbally adjusted to particular context is polite.

#### 3.1.10 Spencer-Oatey (1992)

Spencer-Oatey (1992) studies politeness in cross-cultural context, viewing that what is respected in a particular culture is probably not so in another, e.g. the autonomy principle, which is applicable to Western cultures, but is not so in Eastern cultures. Spencer-Oatey (1992) proposes a set of dimensions called Spencer-Oatey's pragmatic scale, which comprises three needs: autonomy, approbation, and relational identity. Autonomy is preferred to imposition, approbation is preferred to criticism, and inclusion and equality are preferred to exclusion and subordination.

The non-verbal hints interpreted from this pragmatic scale theory are probably (1) that keeping silent on what others are doing is more polite than commenting or saying something about it, (2) that giving any signs of agreement or acceptance is more polite than saying something contrary or criticising, and (3) that joining a group or gathering in some situation is more polite than being alone or in exclusion within that situation.

# 3.1.11 Thomas' Pollyanna Hypothesis (1996)

Pollyanna is a little girl in the novel Eleanor H. Porter. The girl has such interesting attitudes that she likes to see things from the bright side of life, as described by Thomas (1996). The Pollyanna principle thus suggests one to find best ways to say something. This principle also applies in why people tend to talk about interesting things than dull ones, or the bright side of life than the dark side. In verbal form, for example, the utterance *something too short* is mitigated into *something a bit short*, or the utterance *I wish you good luck* (a wish for success) is accepted, but not *I wish you bad luck* (an expression for sympathy or commiseration).

The non-verbal hints interpreted from this theory are probably (1) that giving or allowing something better or best of ours to others is polite, and (2) that making others happy or pleased with something we do is polite.

# 3.2 Hints of Politeness: From Verbal to Non-Verbal Form

Now we are coming to hints of politeness, from verbal to non-verbal form. The non-verbal hints here have been interpreted from theories of verbal politeness from Fraser and Nolen (1981), Leech (1983), Arndt and Janney (1985), Brown and Levinson (1987), Ide (1989), Watts (1989), Gu (1990), Lakoff (1990), Blum-Kulka (1992), Spencer-Oatey (1992), and Thomas' Pollyanna Hypothesis (1996). The interpretation has resulted in six hints, each of which will be accounted for in the next section.

#### 3.2.1 Silence for Politeness

The first non-verbal hint is Silence for Politeness. This hint has been interpreted from verbal politeness theories by Fraser & Nolen (1981), Leech (1983), Brown & Levinson (1987), Lakoff (1990), and Spencer-Oatey (1992).

This hint has been referred to as a contract to observe when the situation calls (Fraser & Nolen, 1981), as making others happy (Leech, 1983), as not doing the face-threatening act (Brown & Levinson, 1987), as not making any imposition (Lakoff, 1990), and as not commenting or saying something about what others are doing (Spencer-Oatey, 1992).

### 3.2.2 Gestures for Politeness

The second non-verbal hint is Gestures for Politeness. This hint has been interpreted from verbal politeness theories by Arndt and Janney (1985), Ide (1989), Gu (1990), Lakoff (1990), Blum-Kulka (1992), and Spencer-Oatey (1992).

This hint has been referred to as giving any signs or cross-modal emotive cues in interaction with a hearer (Arndt & Janney, 1985), as giving any signs of discernment to others with higher social status or with more power, and older people (Ide, 1989), as giving any signs of respect, modesty, warmth, or refinement to others (Gu, 1990), as producing any non-verbal signs of being friendly or making a hearer feel good (Lakoff, 1990), as giving any signs of appreciation or any conventional symbols (Blum-Kulka, 1992), and as giving any signs of agreement or acceptance, not of something contrary or criticising (Spencer-Oatey, 1992).

#### 3.2.3 Gifts for Politeness

The third non-verbal hint is Gifts for Politeness. This hint has been interpreted from verbal politeness theories by Leech (1983), Brown and Levinson (1987), Gu (1990), and Thomas (1996).

This hint has been referred to as making others happy, for example by giving things they would like to expect or to have (Leech, 1983), as giving something better or best to others, whether we are close to them (positive politeness) or we are not (negative politeness) (Brown & Levinson, 1987), as giving things to others as a sign of generosity (Gu, 1990), and as giving or allowing something better or best of ours to others (Thomas, 1996).

# 3.2.4 Observance of Norms, Rules, and Regulations for Politeness

The fourth non-verbal hint is Observance of Norms, Rules, and Regulations for Politeness. This hint has been interpreted from verbal politeness theories by Fraser & Nolen (1981), Arndt & Janney (1985), and Ide (1989).

This hint has been referred to as observing the norms in society or rules in institutions, not violating them (Fraser & Nolen, 1981), as observing social symbols or signs of regulations in social context (Arndt & Janney, 1985), and as observing the formal situation and its participants, occasions, and topic (Ide, 1989).

## 3.2.5 Adjusted Behavior for Politeness

The fifth non-verbal hint is Adjusted Behavior for Politeness. This hint has been interpreted from verbal politeness theories by Watts (1989), Blum-Kulka (1992), Spencer-Oatey (1992).

This hint has been referred to as observing and adjusting to the group's interest (Watts, 1989), as behaving non-verbally adjusted to particular context (Blum-Kulka, 1992), and as joining a group or gathering in some situation, instead of being alone or in exclusion within that situation (Spencer-Oatey, 1992).

#### 3.2.6 Performance for Politeness

The sixth non-verbal hint is Performance for Politeness. This hint has been interpreted from verbal politeness theories by Watts (1989) and Thomas (1996).

This hint has been referred to as performing more or better than the group's interest in an open society (Watts, 1989) and as making others happy or pleased with something we do (Thomas, 1996).

#### 4. Discussion

Based on the results of the analysis, acting the intangible or actings for politeness in the Indonesian context can be identified by hints of politeness in non-verbal form. There are, therefore, 6 (six) hints with appropriate actings as discussed here. The six hints are (a) silence for politeness, (b) gestures for politeness, (c) gifts for politeness, (d) observance to norms, rules, and regulations for politeness, (e) adjusted behavior for politeness, and (f) performance for politeness.

Silence is part of politeness in non-verbal form. The non-verbal forms or actings concerning this hint are those concerning silence, e.g. attention, empathy, or impartiality, for example (a) keeping silent when attentive to a hearer speaking, (b) keeping silent when showing empathy to a hearer expressing sadness or misery, (c) keeping silent when angry to an annoying hearer, (d) keeping silent for showing impartiality on two or more hearers in a severe argument, and (e) keeping silent in a highly formal situation.

Gestures are also part of politeness in non-verbal form. Gestures concern facial expressions or other bodily movements and are part of non-verbal politeness. The non-verbal forms or actings concerning this hint are, for example (a) smiling as a sign of friendliness, (b) noticing a hearer coming and approaching, (c) nodding the head as a sign of paying attention to a hearer saying a point, (d) waving the hand as a sign of acknowledging a hearer within sighting distance, and (e) bending the body when meeting a respected hearer.

Gifts are also part of politeness in non-verbal form. Gifts or things given to a hearer are part of non-verbal politeness. Better-quality gifts show more politeness than less-quality ones. This situation is the opposite of the one when a speaker empty-handed is visiting a hearer. The non-verbal forms or actings concerning this hint in everyday life are, for example (a) giving something after a trip (trip-gift) to a hearer, (b) sending a self-cooked meal or purchased one to a neighbor hearer, (c) allowing a sum of money or valuables to a partying hearer, (d) allowing a sum of money for a hearer in bereaved situation, and (e) giving a hand to a hearer busy with loaded stuff.

Observance of norms, rules, and regulations is part of politeness in non-verbal form. Norms or rules or regulations in social life are usually passed for particular sanctions. Observance of them is part of politeness, and is regarded as normal. Meanwhile, violation of them is regarded as not polite. The non-verbal forms or actings concerning this hint in everyday life are, for example (a) listening solemnly to an elder hearer talking, (b)

obeying what is told by a parent hearer, (c) giving something with the right hand to a hearer, (d) observing the traffic regulations, e.g. turning right or left with a lighted sign, and (e) not violating the law.

Adjusted behavior is part of politeness. Adjusting a speaker's behavior to a particular context is part of politeness in non-verbal form. The non-verbal forms or actings concerning this hint in everyday life are, for example (a) accepting and not underestimating the group's interest, (b) joining and sitting at the group's gathering, (c) coming to an invitation by the group, (d) pretending to be happy on the group's interest, and (e) keeping and taking care of gifts from the group.

Performance in a particular manner is part of politeness in non-verbal form. Performance or body movement involves a speaker's motions or movements directed to a particular hearer within the acting distance. The non-verbal forms or actings concerning this hint are, for example (a) giving way to a hearer walking in a hurry, (b) beseating or fetching a seat for a hearer, (c) escorting a hearer to a particular room for a meeting, (d) giving a ride or a lift to a needy hearer, (e) dressing-up best and properly for a formal situation, (f) helping an aged hearer to cross the street, and (g) traveling farther and purchasing something for the group which is better, more interesting, or more expensive than the group's interest or expectation.

To bring this discussion to an end, we can present here as the findings of the research that the hints of politeness in non-verbal form in the Indonesian context are (a) silence for politeness, (b) gestures for politeness, (c) gifts for politeness, (d) observance of norms, rules, and regulations for politeness, (e) adjusted behavior for politeness, and (f) performance for politeness. The hints of non-verbal politeness above are applicable in interactions or communication by Indonesian speakers in the real-life everyday practices. Acting the intangible or actings for politeness are probably partly or wholy also applicable to the practices of languages and culture in the world, including, the authors believe, English languages and cultures. The non-verbal forms or actings shown as exemplary practices in this research are just part of potential others in the human non-verbal interactions or communication.

The hints of non-verbal politeness in this research should be best considered by a speaker when interacting or communicating with a particular hearer especially in the formal context or situation, or in the general public. The hints should also be best considered by teachers and learners of language to encourage harmonious interactions or communication, including the contexts of English language teaching and learning. However, the authors also believe that there are shortcomings of this research, as not all variables have been controlled, e.g. speakers of different ages and or speakers of different languages or speech communities. It is a collegial suggestion that other researchers conduct a further research based on the findings of this research or other researches concerning other ideologies within non-verbal interactions or communication.

The actings derived from the hints of non-verbal politeness in this research are open to elaboration by different languages or speech communities in the world, despite presumably universal aspects of languages. Further researches on these actings are encouraged to verify or to develop the findings in this research or to find out other hints of non-verbal politeness which probably exist in particular languages or speech communities.

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## Notes

- 1. https://www.merriam-webster.com/dictionary/acting
- 2. https://www.merriam-webster.com/dictionary/hint
- 3. http://dictionary.cambridge.org/dictionary/english/hint

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# Result of Review

**Title**: Acting the Intangible: Hints of Politeness in Non-Verbal Form

Author(s): Jumanto, Sarif Syamsu Rizal, Raden Arief Nugroho

# **Decision of Paper Selection**

- () A. Accept submission, no revisions required.
- (\*) B. Revisions required; please revise the paper according to comments.
- () C. Decline submission; you may revise and resubmit for review.
- () D. Decline submission.

# What should you do next? (Only for accepted papers, A & B)

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# Comments from Editor

Evaluation	Grade	
	Please give a grade of 5, 4, 3, 2, 1(high to low)	
Overall evaluation of the paper	2.5	
Contribution to existing knowledge	2	
Organization and readability	2.5	
Soundness of methodology	2	
Evidence supports conclusion	2.5	
Adequacy of literature review	2.5	

# **Comments and Suggestions**

- (\*) Revise the paper according to Paper Submission Guide: http://submission.ccsenet.org
- (\*) Add DOI persistent links to those references that have DOIs, please see *Paper Submission Guide*.
- (\*) Improve your paper according to the reviewer's comments.

Note: revise your paper according to the items with "\*"

# Comments from Reviewer A

<b>Evaluation</b> (Please evaluate the manuscript by grade 1-5)						
	5=Excellent	4=Good	3=Aver	age	2=Below Average	1=Poor
	Items			Grade		
Contribution to existing knowledge			2			
Organization and readability			2			
Soundness of methodology			2			
Evidence supports conclusion		2				
Adequacy of literature review				3		

# **Strengths**

This is basically a literature review.

# Weaknesses

This is not a research paper as the author calls it. It hardly contributes to existing knowledge

# **Suggestions to Author/s**

The topic is interesting. Research investigation into its nature and effects on local communities would be encouraged.

# Comments from Reviewer B

<b>❖ Evaluation</b> (Please evaluate the manuscript by grade 1-5)					
5=Excellent 4=Good 3=Average2=Below Average 1=Poor					
Items	Grade				
Contribution to existing knowledge	3				
Organization and readability	2				
Soundness of methodology	2				
Evidence supports conclusion	2				
Adequacy of literature review	3				

# Weaknesses

- Some grammatical, punctuation, capitalization, and spacing mistakes, some phrases should paraphrase and need to proofreading.
- The article/paper was not a research article, it just a theoretical review, so correct the abstract, correct the method (it no need to employ the grounded theory design or auto ethnography), match it with the results and discussion. Do not put the Indonesia because there were no data and evidence suggested the author's interpretation.
- There was no summary and conclusion of the article
- Mistaking in writing the references

# Suggestions to Author/s

- Correcting the abstract and method based on article form such as non research article or theoretical review
- Give additional sub topic for the conclusion
- Correcting the references based on the guideline

# Acting the Intangible: Hints of Politeness in Non-Verbal Form

(English Language Teaching; Paper ID-70630)

SUGGESTIONS FROM EDITOR						
No.	Points of Suggestion	Actions or Responses Done				
1	Revising the paper according to <i>Paper</i>	Adjusted				
	Submission Guide:					
	http://submission.ccsenet.org.					
2	Adding DOI persistent links to references (if	Adjusted				
	any)					
3	Improving the paper according to the reviewer's	Adjusted				
	suggestions.					
	SUGGESTIONS FROM REVIEWER-1					
No.	Points of Suggestion	Actions or Responses Done				
1	Investigating research into the topic's nature	Done; some sources provided				
	and effects on local communities.					
	SUGGESTIONS FROM	REVIEWER-2				
No.	Points of Suggestion	Actions or Responses Done				
1	Correcting the abstract and method based on	Done; adjusted to review paper				
	article form (e.g. non-research article or					
	theoretical review).					
2	Giving additional sub-topic for the conclusion.	Done; elaboration of the hints, adjusted				
3	Correcting the references based on the	Done; including new sources				
	guideline.					

Semarang, Indonesia: 9 October 2017

Sincerely, The authors,

Jumanto Jumanto; Sarif Syamsu Rizal; Raden Arief Nugroho

# Acting the Intangible: Hints of Politeness in Non-Verbal Form

Abstract

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This research paper has explored politeness in non-verbal form to come to hints for indicating the ideology. Politeness in non-verbal form is researched by reviewing verbal politeness theories through interpretive techniques, and then the data in form of interpreted hints based on the reviews are analyzed by employing a coding technique. The six non-verbal hints of politeness applied on real-life everyday practices found profusely widespread in the Indonesian context are silence for politeness, gestures for politeness, gifts for politeness, observance to/of norms, rules, and regulations for politeness, adjusted behavior for politeness, and performance for politeness. The hints expectedly provide a sufficient account for non-verbal politeness in interactions or communication between a speaker and a hearer across languages and cultures in the world. The findings also encourage promoting harmony among speakers of languages in non-verbal interactions or communication, especially in formal situations or before

Keywords: verbal/linguistic politeness, non-verbal politeness, interpersonal face, social face, hint

1. Introduction

Language use is a matter of probabilities (Jumanto, 2014), either verbal language or non-verbal language. Conveying messages, therefore, is a matter of choices whether a speaker is using verbal language or verbal form or utterances, or they are using non-verbal language or non-verbal form or, merely called in this paper, actings. The word acting refers to the art or practice of representing a character on a stage or before cameras, analogically used here as acting before a particular hearer or before public. These actings may be in form of facial expressions or gestures, or else indicating non-verbal responses for communicating messages.

One of the messages conveyed by a speaker to a hearer is an ideology called politeness. Politeness is a message having to do with the want or the will of a particular hearer to be appreciated by a speaker of language. This concept is termed as face by Erving Goffman (1959). Along with the development of face theory, there has been interpersonal face as well as social face. The former is managed together by a speaker and a hearer in a vis-a-vis communication, while the latter is protected together by a particular social group in interactions or communication. Interpersonal face or social face needs to be considered as well as maintained for the sake of interpersonal harmony or social harmony.

Theories of politeness on interpersonal face as well as those on social face are both important for interpersonal interactions or social interactions. These interactions may be vehicled by verbal form or non-verbal form. As in the case of politeness ideology, that verbal form or utterances should be elaborated in such a way that it is perceived as conveying politeness, and so is the case of non-verbal form or actings.

This research paper on Acting the Intangible: Hints of Politeness in Non-Verbal Form has made use of theories of verbal politeness, in which hints are interpreted through a coding technique upon the interpretive techniques applied in the verbal politeness theory reviews. The term intangible here is used to give an emphasis on the fact that politeness is a variant of meaning, thus concerning what behind the form perceived by our visual senses. Upon the hints interpreted, actings for politeness are presented, taken from real-life everyday practices within empirically logical assumption as well as experience of the researcher.

2. Method

This qualitative research employs a grounded theory and is an autoethnography. Grounded theory is an inductive type of research, based or "grounded" in the observations or data from which it was developed; it uses a variety of data sources, including quantitative data, review of records, interviews, observation and surveys (Ralph, Birks, and Chapman, 2014). Meanwhile, autoethnography is a form of qualitative research in which an author uses self-reflection and writing to explore their personal experience and connect this autobiographical story to wider cultural, political, and social meanings and understandings (Ellis, 2004; Maréchal, 2010). This inductive type of research is based on data in form of theory reviews on verbal politeness, which are then developed by the researcher

47 by using his personal experience, hence autoethnographic, to address an issue, i.e. non-verbal hints of politeness. 48 The data analysis is done through interpretive techniques, in which the researcher examines the data and interpret 49

them through forming an impression and reporting it in a structured form. The data in form of theory reviews upon

Comment [V1]: The article/paper was not a research article, it just a theoretical review, so correct the abstract, correct the method (it no need to employ the grounded theory design or autoethnography), match it with the results and discussion. Do not put the Indonesia and there were no data and evidence suggested the author's interpretation

Comment [V2]: Correct the method

- 50 the interpretative techniques are then further analyzed through a coding technique, which consists of three steps:
- open coding, axial coding, and selective coding (Strauss & Corbin, 1990; Holloway, 1997; Bohm, 2004; Saladana,
- 52 2012).
- 53 In the open coding, the data in form of theory reviews are separated and conceptualized. The separated data are then
- 54 reunited in the axial coding to come to major categories. The selective coding then discovers the main phenomena,
- 55 i.e. a story line built by relating the major categories from the axial coding. The main non-verbal hints are then
- applied to practices of politeness in everyday life.
- 57 The definition of politeness as the guideline for the reviews of politeness theories in this research is the one
- 58 proposed by Jumanto (2014), i.e. "Politeness is everything good that has been uttered as well as acted by the speaker
- 59 to the hearerwithin a particular context, to maintain their interpersonal face as well as their social face". The verb
- 60 uttered in the definition refers to verbal politeness, while the verb acted to non-verbal politeness. Interpersonal face
- as well as social face in the definition is also there in the theories to be reviewed and interpreted for the non-verbal
- hints. It is the non-verbal hints which are to be found out in this research.

#### **63 3. Results**

- 64 3.1 Review on/of Verbal Politeness Theories and Non-Verbal Hints Interpreted
- 65 The data in form of theory reviews here are interpreted from verbal politeness theories of Fraser & Nolen (1981),
- 66 Leech (1983), Arndt & Janney (1985), Brown & Levinson (1987), Ide (1989), Watts (1989), Gu (1990), Lakoff
- 67 (1990), Blum-Kulka (1992), Spencer-Oatey (1992), and Thomas' Pollyanna Hypothesis (1996). Each of the theories
- 68 is reviewed and interpreted for the non-verbal hints below. A hint here is referred to as a slight indication of the
- existence, approach, or nature of something or a piece of advice that helps us to do something.
- 70 3.1.1 Fraser & Nolen (1981)
- 71 Fraser & Nolen (1981) propose a different view on politeness. They suggest that the freedom of others in
- 72 interactions, also in conversations, should be adjusted to a conversational contract. The contract includes observance
- 73 to/of norms and also rights and obligations in the interactions with others. The norms proposed by them are based on
- 74 four dimensions: conventional, institutional, situational, and historical. Conventional dimensions include common
- 75 rules in interactions, e.g. turns in conversation and softness or loudness of voice. Institutional dimensions include
- 76 rights and obligations as ruled by a social institution, e.g. the right to speak in court and attentive silence in the
- 77 church. Situational dimensions include factors in relation with/to roles, status, and relative power between a speaker
- 78 and a hearer. Historical dimensions refer to previous interactions between a speaker and a hearer. The four
- 79 dimensions vary in the applications. Politeness refers to observance to the conversational contract, while
- 80 impoliteness happens due to violation of the contract. Normal interactions, i.e. interactions based on norms, thus
- 81 politeness, are usually not seen, while impoliteness is usually noticed. In the eye of Fraser and Nolen, politeness is
- 82 not in form of strategic interaction nor making a hearer feel comfortable, but it is merely doing the obligations
- 83 acceptable to terms and conditions in the conversational contract.
- 84 The non-verbal hints interpreted from Fraser and Nolen's theory are probably (1) that observing the norms in society
- 85 or rules in institutions is polite, instead of violating them, and (2) that keeping silent is polite, as it is a contract to
- 86 observe when the situation calls.
- 87 3.1.2 Leech (1983)
- 88 Leech (1983) studies politeness in the light of harmony and smooth social interaction, so potential face-threatening
- 89 acts should be avoided. Leech has proposed 7 maxims for social harmony, i.e. maxims of (1) tact, (2) generosity, (3)
- approbation, (4) modesty, (5) agreement, (6) sympathy, and (7) consideration. These maxims should be elaborated in
- 91 such a way that they give benefits more to others than to one's self. Leech has formulated things a speaker should
- 92 avoid doing to others (the don'ts), i.e. don't tell others what to do, don't say bad things of others, don't express
- 93 happiness when others are not happy, don't attack others' view or ideas, and don't praise yourself or show off your
- 94 wealth or strength.
- 95 The non-verbal hints interpreted from Leech's priciples of politeness are probably (1) that making others happy, for
- 96 example by giving things they would like to expect or to have is polite, and (2) that saying nothing or keeping silent
- 97 when it makes others happy is probably polite.
- 98 3.1.3 Arndt & Janney (1985)

Comment [V3]: Reparaphrasing

- 99 Arndt & Janney (1985) propose +the appropriacy-based approach to politeness. This theory asserts that politeness 100 concerns appropriate expressions in appropriate context, based on appropriate conventional rules. Arndt and 101 Janney's theory is an interpersonal framework stressing on people as the main factor as well as the center of 102 politeness. This theory centers on emotive communication, instead of emotional communication. The former refers 103 to strategic modification of affective signals to influence others, determined by social sanctions, interaction norms, 104 and civilized expectations, which enables a speaker to control their natural impulses. The latter refers to spontaneous, 105 uncontroled expressions of emotion. Emotive communication within this theory involves not only utterances but 106 also para- and non-linguistic signalsunder three dimensions: confidence, positive and negative affections, and
- 107 intensity, through verbal forms, vocal, and kinesics, termed as cross-modal emotive cues. 108 This theory elaborates interpersonal supportiveness. Being polite here is not to do with social expectations, but is 109 more to avoid interpersonal conflicts. Interpersonal supportiveness is used to convey message. The main idea is that there are supportive ways and non-supportive ways to express positive and negative feelings. An effective speaker 110 tries to minimalize emotional uncertainty of the hearer by behaving as supportively as possible. This interpersonal 111 112 supportiveness refers to interpersonal politeness (or tact), which differs from social politeness. Social politeness 113 consists of linguistic forms of high convention, like traffic regulations as a set of conventional rules, which are 114 socially appropriate. Interpersonal politeness is conciliative, while social politeness is regulative.
- The non-verbal hints interpreted from this Arndt and Janney's theory are probably (1) that giving any signs or cross-modal emotive cues in interaction with a hearer is polite, and (2) that observing social symbols or signs of regulations in social context is polite.
- 118 3.1.4 Brown & Levinson (1987)
- Brown & Levinson studies politeness in line with face management, engineering the theory of face, i.e. the want of everyone by Erving Goffman (1959). In the face theory, everyone has positive face and negative. Positive face refers to the want or the will to be appreciated by others, while negative face refers to the want or the will not to be deappreciated (Brown & Levinson, 1987). They have then divided utterances or verbal acts into two, i.e. face-threatening acts (FTA) and face-saving acts (FSA), and also proposed politeness and negative politeness strategies. In brief, the politeness strategies of Brown & Levinson are of 5 categories: (1) bald on records, (2) positive politeness, (3) negative politeness, (4) off the records, (5) do not do the FTA.
- The non-verbal hints interpreted from the theory are probably (1) that giving something better or best to others, whether we are close to them (positive politeness) or we are not (negative politeness) is polite, and (2) that keeping silent (not doing the FTA) is polite.
- 129 3.1.5 Ide (1989)
- 130 Ide's theory (1989) is based on Japanese politeness. The theory highlights discerment as the main aspect of politeness, i.e. honorific forms or chosen verbal utterances demanded by the society. There are no socially neutral 131 132 utterances in Japanese, but honorific and non-honorific ones. A speaker should choose either one to give information 133 on their interpersonal relationship, even in their most banal factual statement. Use of honorific forms is a must so as 134 to reflect a socio-pragmatic equivalence to grammatical concord. This Japanese politeness called wakimae is based 135 on social conventions. Within this Ide's theory, there are four conventional rules to observe: being polite to people 136 with higher social status, being polite to people with more power, being polite to older people, being polite in the 137 formal situations: to the participants, the occasions, or the topic.
- The non-verbal hints interpreted from this Ide's theory are probably (1) that giving any signs of discernment to others with higher social status or with more power, and older people, is polite, and (2) that observing the formal situation and its participants, occasions, and topic is polite.
- 141 3.1.6 Watts (1989)
- Watts' theory of politeness (1989) refers to emotive communication as politic behavior, i.e. sociocultural behaviors directed to instilling or maintaining an equilibrium of interpersonal relationship of individuals in a social group. The
- equilibrium does not refer to social equality, but more to maintenance of social status-quo. Politeness is a particular
- case of politic behavior.
- 146 Important aspects of Watts' theory are restrictive codes and elaborative codes in the theory of Basil Bernstein (1971;
- 147 Aitkinson, 1985). Restrictive codes refer to closed communicative system, while elaborative codes to open
- 148 communication system. The former system is practiced by closed-groups, while the latter is practiced by

Comment [V4]: Put in the reference

- 149 open-groups. Closed social groups with closed communicative system places-the group's interest above the
- 150 individual's, while the open social groups with open communicative system enjoy the individual's interest above the
- 151 group's. This distinction has to do with Ide's notions of volision and discernment. Discernment is practiced by a
- 152 closed society, for example, Japanese, which basically has a closed communicative system. A society with volision
- orientation usually has open communicative system, which practices volision, i.e. conscious selection of language
- 154 by a speaker. Discerment strategies demand that an individual adjust their roles within a group, while volision
- strategies enable an individual to be prominent beyond a social group.
- 156 In Watts' theory, a non-politic behavior is the negative deviation of politic behavior, while politeness is the positive
- 157 deviation. Politeness consists of behaviors which are more than merely politic or more than merely appropriate.
- 158 Politeness is a strategis conscious behavior which aims to positively influence the opinion of a hearer upon a
- 159 speaker's self.
- 160 The non-verbal hints interpreted from Watts' theory are probably (1) that performing more or better than the
- 161 group's interest in an open society is positive or polite, and (2) that observing and adjusting to the group's interest in
- a closed society is polite.
- 163 3.1.7 Gu (1990)
- 164 Gu (1990) views politeness from the concept of Chinese politeness. Gu explicitly links politeness to social morals
- 165 and ethics, thus managing social face for politeness, instead of interpersonal face. Gu's theory is prescriptive in the
- 166 concept of Chinese limao (politeness), and is attached to moral sactions from the society. Politeness is not
- instrumental but normatif. Face is not threatened when individual want is not satisfied, but it is when an individual
- does not observe the standards or expectations of the society. Within the Chinese concept, politeness holds the
- 169 principle that individual's behaviors should be adjusted to social expectations on respectfulness, modesty, and
- 170 warmth and refinement. Gu proposes four maxims of politeness, i.e. self-denigration, address, tact, and generosity.
- 171 The non-verbal hints interpreted from Gu's theory are probably (1) that giving any signs of respect, modesty,
- warmth, or refinement to others is polite, and (2) that giving things to others as a sign of generosity is polite.
- 173 3.1.8 Lakoff (1990)
- Lakoff (1990) asserts that politeness has fallen into imperative rules, i.e. (1)Don't impose, (2)Give options, and (3)
- 175 Make A feel good, be friendly.(Lakoff, 1990). In the first rule, Lakoff suggests that an utterance or verbal form
- should not contain imposition or arrogance from the side of a speaker. Different cultures apply the three rules
- 177 differently, and hence culture consequently affects social distance in the first rule, deference in the second, and
- 178 camaraderie or friendship in the third. Social distance suggests strategies of impersonality, deference does those of
- 179 respect, and camaraderie does those of informality. Furthermore, Lakoff sees roughly that European cultures stress
- 180 more on distancing strategies, Asian cultures more on deferential strategies, and modern American cultures on
- 181 camaraderie.
- 182 The non-verbal hints for politeness interpreted from this theory are (1) that keeping the considerate silence instead of
- 183 making any imposition even the lightest one is polite, and (2) that producing any non-verbal signs of being friedly or
- making a hearer feel good is polite.
- 185 3.1.9 Blum-Kulka (1992)
- 186 Blum-Kulka (1992) studies politeness in the context of Israel-Jewish. This theory borrows elements of other
- 187 politeness theories and interprets them in a culture-relativistic concept. The term cultural norms or cultural scripts is
- central in this theory. This theory embraces the concept of face-wants but the wants are culturally determined. It also
- admits obligatory and strategic use of language, but the scope and depth are interculturally different. Obligatory use
- 190 of language in this theory is termed cultural conventions. Politeness in Blum-Kulka's theory is about appropriate
- 191 social behaviors, determined by cultural expectations or cultural norms. This theory of politeness involves cultural
- 192 interpretations on interactions of four parameters: social motivations, expressive modes, social differentials, and
- 193 social meaning. Social motivations refer to reasons for someone's being polite, expressive modes to linguistic forms
- 194 for politeness, social differentials to situational conditions for politeness (e.g. power, distance, relationship), and
- social meaning to/of linguistic expressions in particular context.
- 196 The non-verbal hints interpreted from this Blum Kulka's theory are probably (1) that giving any signs of
- 197 appreciation or any conventional symbols is polite, and (2) that behaving non-verbally adjusted to particular context
- 198 is polite.

- 199 3.1.10 Spencer-Oatey (1992)
- 200 Spencer-Oatey (1992) studies politeness in cross-cultural context, viewing that what is respected in a particular
- 201 culture is probably not so in another, e.g. the autonomy principle, which is applicable to Western cultures, but is not
- 202 so in Eastern cultures. Spencer-Oatey (1992) proposes a set of dimensions called Spencer-Oatey's pragmatic scale,
- 203 which comprises three needs: autonomy, approbation, and relational identity. Autonomy is preferred to imposition,
- approbation is preferred to criticism, and inclusion and equality are preferred to exclusion and subordination.
- 205 The non-verbal hints interpreted from this pragmatic scale theory are probably (1) that keeping silent on what others
- are doing is more polite than commenting or saying something about it, (2) that giving any signs of agreement or
- 207 acceptance is more polite than saying something contrary or criticising, and (3) that joining a group or gathering in
- some situation is more polite than being alone or in exclusion within that situation.
- 209 3.1.11 Thomas' Pollyanna Hypothesis (1996)
- 210 Pollyanna is a little girl in the novel Eleanor H. Porter. The girl has such interesting attitudes that she likes to see
- things from the bright side of life, as described by Thomas (1996). The Pollyanna principle thus suggests one to find
- best ways to say something. This principle also applies in why people tend to talk about interesting things than dull
- ones, or the bright sides of life than the dark sides. In verbal form, for example, something too short is said as
- something a bit short, or I wish you good luck (a wish for success), but not I wish you bad luck (a symphaty or
- 215 commiseration).
- The non-verbal hintsinterpretedfrom this theory are probably (1) that giving or allowing something better or best
- 217 of ours to others is polite, and (2) that making others happy or pleased of with something we do is polite.
- 218 3.2. Hints of Politeness: From Verbal to Non-Verbal Form
- Now we are coming to hints of politeness, from verbal to non-verbal form. The non-verbal hints here have been
- 220 interpreted from theories of verbal politeness from Fraser & Nolen (1981), Leech (1983), Arndt & Janney (1985),
- 221 Brown & Levinson (1987), Ide (1989), Watts (1989), Gu (1990), Lakoff (1990), Blum-Kulka (1992), Spencer-Oatey
- 222 (1992), and Thomas' Pollyanna Hypothesis (1996). The interpretation has resulted in six hints, each of which will be
- accounted for in the next section.
- 3.2.1 Silence for Politeness
- 225 The first non-verbal hint is Silence for Politeness. This hint has been interpreted from verbal politeness theories by
- 226 Fraser & Nolen (1981), Leech (1983), Brown & Levinson (1987), Lakoff (1990), and Spencer-Oatey (1992).
- 227 This hint has been referred to as a contract to observe when the situation calls (Fraser & Nolen, 1981), as making
- 228 others happy (Leech, 1983), as not doing the face-threatening act (Brown & Levinson, 1987), as not making any
- 229 imposition (Lakoff, 1990), and as not commenting or saying something about what others are doing (Spencer-Oatey,
- 230 1992).
- 231 3.2.2 Gestures for Politeness
- 232 The second non-verbal hint is Gestures for Politeness. This hint has been interpreted from verbal politeness theories
- 233 by Arndt & Janney (1985), Ide (1989), Gu (1990), Lakoff (1990), Blum-Kulka (1992), and Spencer-Oatey (1992).
- This hint has been referred to as giving any signs or cross-modal emotive cues in interaction with a hearer (Arndt &
- Janney, 1985), as giving any signs of discernment to others with higher social status or with more power, and older
- people (Ide, 1989), as giving any signs of respect, modesty, warmth, or refinement to others (Gu, 1990), as
- producing any non-verbal signs of being friendly or making a hearer feel good (Lakoff, 1990), as giving any signs of
- appreciation or any conventional symbols (Blum-Kulka, 1992), and as giving any signs of agreement or acceptance,
- 239 not of something contrary or criticising (Spencer-Oatey, 1992).
- 240 3.2.3 Gifts for Politeness
- 241 The third non-verbal hint is Gifts for Politeness. This hint has been interpreted from verbal politeness theories by
- 242 Leech (1983), Brown & Levinson (1987), Gu (1990), and Thomas (1996).
- 243 This hint has been referred to as making others happy, for example by giving things they would like to expect or to
- have (Leech, 1983), as giving something better or best to others, whether we are close to them (positive politeness)
- 245 or we are not (negative politeness) (Brown & Levinson, 1987), as giving things to others as a sign of generosity (Gu,
- 246 1990), and as giving or allowing something better or best of ours to others (Thomas, 1996).

- 247 3.2.4 Observance to Norms, Rules, and Regulations for Politeness
- 248 The fourth non-verbal hint is Observance to Norms, Rules, and Regulations for Politeness. This hint has been
- 249 interpreted from verbal politeness theories by Fraser & Nolen (1981), Arndt & Janney (1985), and Ide (1989).
- 250 This hint has been referred to as observing the norms in society or rules in institutions, not violating them (Fraser &
- Nolen, 1981), as observing social symbols or signs of regulations in social context (Arndt & Janney, 1985), and as
- observing the formal situation and its participants, occasions, and topic (Ide, 1989).
- 253 3.2.5 Adjusted Behavior for Politeness
- 254 The fifth non-verbal hint is Adjusted Behavior for Politeness. This hint has been interpreted from verbal politeness
- theories by Watts (1989), Blum-Kulka (1992), Spencer-Oatey (1992).
- 256 This hint has been referred to as observing and adjusting to the group's interest (Watts, 1989), as behaving
- 257 non-verbally adjusted to particular context (Blum-Kulka, 1992), and as joining a group or gathering in some
- situation, instead of being alone or in exclusion within that situation (Spencer-Oatey, 1992).
- 259 3.2.6 Performance for Politeness
- 260 The sixth non-verbal hint is Performance for Politeness. This hint has been interpreted from verbal politeness
- theories by Watts (1989) and Thomas (1996).
- 262 This hint has been referred to as performing more or better than the group's interest in an open society (Watts, 1989)
- and as making others happy or pleased of/with something we do (Thomas, 1996).

#### 264 4. Discussion

- 265 Based on the results of the analysis, acting the intangible or actings for politeness in the Indonesian context can be
- 266 identified by hints of politeness in non-verbal form. There are, therefore, 6 (six) hints with appropriate actings as
- discussed here. The six hints are (a) silence for politeness, (b) gestures for politeness, (c) gifts for politeness, (d)
- observance to norms, rules, and regulations for politeness, (e) adjusted behavior for politeness, and (f) performance
- for politeness.
- 270 Silence is part of politeness in non-verbal form. The non-verbal forms or actings concerning this hint are those
- 271 concerning silence, e.g. attention, empathy, or impartiality, for example (a) keeping silent when attentive to a hearer
- 272 speaking, (b) keeping silent when showing empathy to a hearer expressing sadness or misery, (c) keeping silent
- 273 when angry to an annoying hearer, (d) keeping silent for showing impartiality on two or more hearers in a severe
- argument, and (e) keeping silent in a highly formal situation.
- 275 Gestures are also part of politeness in non-verbal form. Gestures concern facial expressions or other bodily
- 276 movements and are part of non-verbal politeness. The non-verbal forms or actings concerning this hint are, for
- example (a) smiling as a sign of friendliness, (b) noticing a hearer coming and approaching, (c) nodding the head as
- a sign of paying attention to a hearer saying a point, (d) waving the hand as a sign of acknowledging a hearer within
- sighting distance, and (e) bending the body when meeting a respected hearer.
- 280 Gifts are also part of politeness in non-verbal form. Gifts or things given to a hearer is part of non-verbal politeness.
- 281 Better-quality gifts show more politeness than less-quality ones. This situation is the opposite of the one when a
- speaker empty-handed is visiting a hearer. The non-verbal forms or actings concerning this hint in everyday life are,
- 283 for example (a) giving something after a trip (trip-gift) to a hearer, (b) sending a self-cooked meal or purchased one
- 284 to a neighbor hearer, (c) allowing a sum of money or valuables to a partying hearer, (d) allowing a sum of money for
- a hearer in bereaved situation, and (e) giving a hand to a hearer busy with loaded stuff.
- 286 Observance to norms, rules, and regulations is part of politeness in non-verbal form. Norms or rules or regulations in
- social life are usually passed for particular sanctions. Observance to them is part of politeness, and is regarded as
- normal. Meanwhile, violation of them is regarded as not polite. The non-verbal forms or actings concerning this hint in everyday life are, for example (a) listening solemnly to an elder hearer talking, (b) obeying what is told by a
- parent hearer, (c) giving something with the right hand to a hearer, (d) observing the traffic regulations, e.g. turning
- right or left with a lighted sign, and (e) not violating the law.
- 292 Adjusted behavior is part of politeness. Adjusting a speaker's behavior to a particular context is part of politeness in
- 293 non-verbal form. The non-verbal forms or actings concerning this hint in everyday life are, for example (a)
- 294 accepting and not underestimating the group's interest, (b) joining and sitting at the group's gathering, (c) coming to
- an invitation by the group, (d) pretending to be happy on the group's interest, and (e) keeping and taking care of gifts

296 from the group.

297 Performance in a particular manner is part of politeness in non-verbal form. Performance or body movement 298 involves a speaker's motions or movements directed to a particular hearer within the acting distance. The non-verbal

299 forms or actings concerning this hint are, for example (a) giving way to a hearer walking in a hurry, (b) beseating or

- 300 fetching a seat for a hearer, (c) escorting a hearer to a particular room for a meeting, (d) giving a ride or a lift to a
- 301 needy hearer, (e) dressing-up best and properly for a formal situation, (f) helping an aged hearer to cross the street,
- 302 and (g) traveling farther and purchasing something for the group which is better, more interesting, or more
- 303 expensive than the group's interest or expectation.
- 304 To bring this discussion to an end, we can present here as the findings of the research that the hints of politeness in 305 non-verbal form in the Indonesian context are (a) silence for politeness, (b) gestures for politeness, (c) gifts for
- 306 politeness, (d) observance to norms, rules, and regulations for politeness, (e) adjusted behavior for politeness, and (f)
- 307 performance for politeness. The hints of non-verbal politeness above are applicable in interactions or
- 308 communication by Indonesian speakers in the real-life everyday practices. Acting the intangible or acting for
- 309 politeness is probably partly or wholy also applicable to the practices of languages and culture in the world,
- 310 including, the authors believe, English languages and cultures. The non-verbal forms or actings shown as exemplary
- 311 practices in this research are just part of potential others in the human non-verbal interactions or communication.
- 312 The hints of non-verbal politeness in this research should be best considered by a speaker when interacting or
- 313 communicating with a particular hearer especially in the formal context or situation, or before public. The hints of
- 314 non-verbal politeness in this research should also be best considered by teachers and learners of language to
- 315 encourage harmonious interactions or communication. The authors also believe that there are shortcomings of this
- 316 research, as not all variables have been controled, e.g. subjects of different ages and different tribes in Indonesia. It
- 317 is a collegial suggestion that other researchers conduct a further research based on the findings of this research or
- 318 other researches concerning other ideologies within non-verbal interactions or communication.

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# Acting the Intangible: Hints of Politeness in Non-Verbal Form

# Abstract

This review paper has explored politeness in non-verbal form to come to hints for indicating the ideology. Politeness in non-verbal form is researched by reviewing verbal politeness theories through interpretive techniques, and then the data in form of interpreted hints based on the reviews are analyzed by employing a coding technique. The six non-verbal hints of politeness found out based on the theoretical reviews are silence for politeness, gestures for politeness, gifts for politeness, observance of norms, rules, and regulations for politeness, adjusted behavior for politeness, and performance for politeness. The hints expectedly provide a sufficient account for non-verbal politeness in interactions or communication between a speaker and a hearer. The findings also encourage promoting harmony among speakers of languages in non-verbal interactions or communication, especially in formal situations or in the general public. The hints are hopefully also worth considering in the context of English language teaching and learning across languages and cultures in the world.

Keywords: verbal/linguistic politeness, non-verbal politeness, interpersonal face, social face, hint

#### 1. Introduction

Language use is a matter of probabilities (Jumanto, 2014), either verbal language or non-verbal language. Conveying messages, therefore, is a matter of choices whether a speaker is using verbal language or verbal form or utterances, or they are using non-verbal language or non-verbal form or, merely called *acting* in this paper. The word acting refers to the art or practice of representing a character on a stage or before cameras<sup>i</sup>, analogically used here as acting before a particular hearer or in the general public. This acting may be in form of facial expressions or gestures, or else indicating non-verbal responses for communicating messages.

One of the messages conveyed by a speaker to a hearer is an ideology called politeness. Politeness is a message having to do with the want or the will of a particular hearer to be appreciated by a speaker of language. This concept is termed *face* by Erving Goffman (1959). Along with the development of face theory, there has been interpersonal face as well as social face. The former is managed together by a speaker and a hearer in a vis-a-vis communication, while the latter is protected together by a particular social group in interactions or communication. Interpersonal face or social face needs to be considered as well as maintained for the sake of interpersonal harmony or social harmony.

Theories of politeness on interpersonal face or social face are important for interpersonal interactions or social interactions. These interactions may be vehicled by verbal form or non-verbal form. As in the case of politeness ideology, that verbal form or utterances should be elaborated in such a way that it is perceived as conveying politeness, and so is the case of non-verbal form or actings.

This review paper on acting the intangible, i.e. hints of politeness in non-verbal form has made use of theories of verbal politeness, in which hints are interpreted through a coding technique upon the interpretive techniques applied in the verbal politeness theory reviews. The term intangible here is used to give an emphasis on the fact that politeness is a variant of meaning, thus concerning what behind the form perceived by our visual senses. Upon the hints interpreted, actings for politeness are presented, taken from real-life everyday practices within empirically logical assumption as well as experience of the researcher.

#### 2. Method

This qualitative research is a literature review. A literature review requires different kinds of activities and ways of thinking (Baker, 2000). An effective review creates a firm foundation for advancing knowledge, facilitates theory development, closes areas where a plethora of research exists, and uncovers areas where research is needed (Webster & Watson, 2002). In this review, new ideas from others' work are extracted by synthesizing and summarizing previous sources so that new theories and directions for future research can be built and suggested based on the evidence (Bolderston, 2008). The literature review in this research is done through interpretive techniques; therefore, interpreting is the main way of thinking in this research. In this research, foundation for advancing knowledge and developing theory is created from interpreting and reviewing established theories of verbal politeness to come to hints of non-verbal politeness. The hints function to limit areas for further research, i.e. non-verbal politeness. Other ways of thinking involved in this research are synthesizing and summarizing of the hints, and then elaboration of the hints into practices (actings) is made to confirm that the hints are applicable in probable real-life situations of speech communities.

- 51 Through the interpretive techniques, the researchers examine the data and interpret them through forming an
- 52 impression and reporting it in a structured form. The data in form of theory reviews upon the interpretative
- 53 techniques are then further analyzed through a coding technique, which consists of three steps: open coding, axial
- 54 coding, and selective coding (Strauss & Corbin, 1990; Holloway, 1997; Bohm, 2004; Saladana, 2012).
- 55 In the open coding, the data in form of theory reviews are separated and conceptualized. The separated data are then
- 56 reunited in the axial coding to come to major categories. The selective coding then discovers the main phenomena,
- 57 i.e. a story line built by relating the major categories from the axial coding. The main non-verbal hints are then
- 58 applied to practices of politeness in everyday life.
- 59 The definition of politeness as the guideline for the reviews of politeness theories in this research is the one
- 60 proposed by Jumanto (2014), i.e. "Politeness is everything good that has been uttered as well as acted by the speaker
- 61 to the hearer within a particular context, to maintain their interpersonal face as well as their social face". The verb
- 62 uttered in the definition refers to verbal politeness, while the verb acted to non-verbal politeness. Based on the
- 63 definition, the researchers examine and interpret interpersonal face and social face and their connection with verbal
- 64 politeness theories to come to the non-verbal hints. It is the non-verbal hints of politeness which are to be found out
- 65 in this research.

#### 3. Results

66

- 67 3.1 Review of Verbal Politeness Theories and Non-Verbal Hints Interpreted
- 68 The data in form of theory reviews here are interpreted from verbal politeness theories of Fraser & Nolen (1981),
- 69 Leech (1983), Arndt & Janney (1985), Brown & Levinson (1987), Ide (1989), Watts (1989), Gu (1990), Lakoff
- 70 (1990), Blum-Kulka (1992), Spencer-Oatey (1992), and Thomas' Pollyanna Hypothesis (1996). Each of the theories
- is reviewed and interpreted for the non-verbal hints below. A hint here is referred to as a slight indication of the 71
- existence, approach, or nature of something or a piece of advice that helps us to do something. 72
- 73 3.1.1 Fraser & Nolen (1981)
- 74 Fraser & Nolen (1981) propose a different view on politeness. They suggest that the freedom of others in
- 75 interactions, also in conversations, should be adjusted to a conversational contract. The contract includes observance
- 76 of norms and also rights and obligations in the interactions with others. The norms proposed by them are based on
- 77 four dimensions: conventional, institutional, situational, and historical. Conventional dimensions include common
- 78 rules in interactions, e.g. turns in conversation and softness or loudness of voice. Institutional dimensions include
- 79 rights and obligations as ruled by a social institution, e.g. the right to speak in court and attentive silence in the 80
- church. Situational dimensions include factors in relation to roles, status, and relative power between a speaker and a
- 81 hearer. Historical dimensions refer to previous interactions between a speaker and a hearer. The four dimensions 82 vary in the applications. Politeness refers to observance to the conversational contract, while impoliteness happens
- 83 due to violation of the contract. Normal interactions, i.e. interactions based on norms, thus politeness, are usually not
- 84 seen, while impoliteness is usually noticed. In the eye of Fraser and Nolen, politeness is not in form of strategic
- 85 interaction nor making a hearer feel comfortable, but it is merely doing the obligations acceptable to terms and
- 86 conditions in the conversational contract.
- 87 The non-verbal hints interpreted from Fraser and Nolen's theory are probably (1) that observing the norms in society
- 88 or rules in institutions is polite, instead of violating them, and (2) that keeping silent is polite, as it is a contract to
- 89 observe when the situation calls.
- 90 3.1.2 Leech (1983)
- 91 Leech (1983) studies politeness in the light of harmony and smooth social interaction, so potential face-threatening
- 92 acts should be avoided. Leech has proposed 7 maxims for social harmony, i.e. maxims of (1) tact, (2) generosity, (3)
- 93 approbation, (4) modesty, (5) agreement, (6) sympathy, and (7) consideration. These maxims should be elaborated in
- 94 such a way that they give benefits more to others than to one's self. Leech has formulated things a speaker should
- 95 avoid doing to others (the don'ts), i.e. don't tell others what to do, don't say bad things of others, don't express
- 96 happiness when others are not happy, don't attack others' view or ideas, and don't praise yourself or show off your
- 97 wealth or strength.
- 98 The non-verbal hints interpreted from Leech's principles of politeness are probably (1) that making others happy, for
- 99 example by giving things they would like to expect or to have is polite, and (2) that saying nothing or keeping silent
- 100 when it makes others happy is probably polite.

- 101 3.1.3 Arndt & Janney (1985)
- 102 Arndt & Janney (1985) propose the appropriacy-based approach to politeness. This theory asserts that politeness
- 103 concerns appropriate expressions in appropriate context, based on appropriate conventional rules. Arndt and
- 104 Janney's theory is an interpersonal framework stressing on people as the main factor as well as the center of
- politeness. This theory centers on emotive communication, instead of emotional communication. The former refers 105
- 106 to strategic modification of affective signals to influence others, determined by social sanctions, interaction norms,
- 107 and civilized expectations, which enables a speaker to control their natural impulses. The latter refers to spontaneous,
- 108 uncontrolled expressions of emotion. Emotive communication within this theory involves not only utterances but 109 also para- and non-linguistic signals under three dimensions: confidence, positive and negative affections, and
- 110 intensity, through verbal forms, vocal, and kinesics, termed as cross-modal emotive cues.
- 111 This theory elaborates interpersonal supportiveness. Being polite here is not to do with social expectations, but is
- 112 more to avoid interpersonal conflicts. Interpersonal supportiveness is used to convey message. The main idea is that
- 113 there are supportive ways and non-supportive ways to express positive and negative feelings. An effective speaker
- 114 tries to minimalize emotional uncertainty of the hearer by behaving as supportively as possible. This interpersonal
- 115 supportiveness refers to interpersonal politeness (or tact), which differs from social politeness. Social politeness
- 116 consists of linguistic forms of high convention, like traffic regulations as a set of conventional rules, which are
- 117 socially appropriate. Interpersonal politeness is conciliative, while social politeness is regulative.
- The non-verbal hints interpreted from this Arndt and Janney's theory are probably (1) that giving any signs or 118
- 119 cross-modal emotive cues in interaction with a hearer is polite, and (2) that observing social symbols or signs of
- 120 regulations in social context is polite.
- 121 3.1.4 Brown & Levinson (1987)
- 122 Brown & Levinson studies politeness in line with face management, engineering the theory of face, i.e. the want of
- 123 everyone by Erving Goffman (1959). In the face theory, everyone has positive face and negative. Positive face refers
- 124 to the want or the will to be appreciated by others, while negative face refers to the want or the will not be
- 125 deappreciated (Brown & Levinson, 1987). They have then divided utterances or verbal acts into two, i.e.
- 126 face-threatening acts (FTA) and face-saving acts (FSA), and also proposed politeness and negative politeness
- 127 strategies. In brief, the politeness strategies of Brown & Levinson are of 5 categories: (1) bald on records, (2)
- 128 positive politeness, (3) negative politeness, (4) off the records, (5) do not do the FTA.
- 129 The non-verbal hints interpreted from the theory are probably (1) that giving something better or best to others,
- 130 whether we are close to them (positive politeness) or we are not (negative politeness) is polite, and (2) that keeping
- 131 silent (not doing the FTA) is polite.
- 132 3.1.5 Ide (1989)
- 133 Ide's theory (1989) is based on Japanese politeness. The theory highlights discernment as the main aspect of
- 134 politeness, i.e. honorific forms or chosen verbal utterances demanded by the society. There are no socially neutral
- 135 utterances in Japanese, but honorific and non-honorific ones. A speaker should choose either one to give information
- 136 on their interpersonal relationship, even in their most banal factual statement. Use of honorific forms is a must so as
- 137 to reflect a socio-pragmatic equivalence to grammatical concord. This Japanese politeness called wakimae is based
- 138 on social conventions. Within this Ide's theory, there are four conventional rules to observe: being polite to people
- 139 with higher social status, being polite to people with more power, being polite to older people, being polite in the
- 140 formal situations: to the participants, the occasions, or the topic.
- 141 The non-verbal hints interpreted from this Ide's theory are probably (1) that giving any signs of discernment to
- 142 others with higher social status or with more power, and older people, is polite, and (2) that observing the formal
- 143 situation and its participants, occasions, and topic is polite.
- 144 3.1.6 Watts (1989)
- 145 Watts' theory of politeness (1989) refers to emotive communication as politic behavior, i.e. sociocultural behaviors
- 146 directed to instill or maintain an equilibrium of interpersonal relationship of individuals in a social group. The
- 147 equilibrium does not refer to social equality, but more to maintenance of social status-quo. Politeness is a particular
- 148 case of politic behavior.
- 149 Important aspects of Watts' theory are restrictive codes and elaborative codes (Bernstein, 1971; Atkinson, 1985).
- 150 Restrictive codes refer to closed communicative system, while elaborative codes to open communication system.

- 151 The former system is practiced by closed-groups, while the latter is practiced by open-groups. Closed social groups
- with closed communicative system place the group's interest above the individual's, while the open social groups
- with open communicative system enjoy the individual's interest above the group's. This distinction has to do with
- 154 Ide's notions of volition and discernment. Discernment is practiced by a closed society, for example, Japanese,
- which basically has a closed communicative system. A society with volision orientation usually has open
- communicative system, which practices volition, i.e. conscious selection of language by a speaker. Discerment
- strategies demand that an individual adjust their roles within a group, while volision strategies enable an individual
- to be prominent beyond a social group.
- In Watts' theory, a non-politic behavior is the negative deviation of politic behavior, while politeness is the positive
- deviation. Politeness consists of behaviors which are more than merely politic or more than merely appropriate.
- Politeness is a strategis conscious behavior which aims to positively influence the opinion of a hearer upon a
- speaker's self.
- 163 The non-verbal hints interpreted from Watts' theory are probably (1) that performing more or better than the
- group's interest in an open society is positive or polite, and (2) that observing and adjusting to the group's interest in
- a closed society is polite.
- 166 3.1.7 Gu (1990)
- Gu (1990) views politeness from the concept of Chinese politeness. Gu explicitly links politeness to social morals
- and ethics, thus managing social face for politeness, instead of interpersonal face. Gu's theory is prescriptive in the
- 169 concept of Chinese limao (politeness), and is attached to moral sanctions from the society. Politeness is not
- instrumental but normative. Face is not threatened when individual want is not satisfied, but it is when an individual
- does not observe the standards or expectations of the society. Within the Chinese concept, politeness holds the
- 172 principle that individual's behaviors should be adjusted to social expectations on respectfulness, modesty, and
- warmth and refinement. Gu proposes four maxims of politeness, i.e. self-denigration, address, tact, and generosity.
- 174 The non-verbal hints interpreted from Gu's theory are probably (1) that giving any signs of respect, modesty,
- warmth, or refinement to others is polite, and (2) that giving things to others as a sign of generosity is polite.
- 176 3.1.8 Lakoff (1990)
- Lakoff (1990) asserts that politeness has fallen into imperative rules, i.e. (1) Don't impose, (2) Give options, and (3)
- 178 Make A feel good, be friendly (Lakoff, 1990). In the first rule, Lakoff suggests that an utterance or verbal form
- should not contain imposition or arrogance from the side of a speaker. Different cultures apply the three rules
- differently, and hence culture consequently affects social distance in the first rule, deference in the second, and
- 181 camaraderie or friendship in the third. Social distance suggests strategies of impersonality, deference does those of
- respect, and camaraderie does those of informality. Furthermore, Lakoff sees roughly that European cultures stress
- more on distancing strategies, Asian cultures more on deferential strategies, and modern American cultures on
- 184 camaraderie.
- 185 The non-verbal hints for politeness interpreted from this theory are (1) that keeping the considerate silence instead of
- making any imposition even the lightest one is polite, and (2) that producing any non-verbal signs of being friendly
- or making a hearer feel good is polite.
- 188 3.1.9 Blum-Kulka (1992)
- 189 Blum-Kulka (1992) studies politeness in the context of Israel-Jewish. This theory borrows elements of other
- 190 politeness theories and interprets them in a culture-relativistic concept. The term cultural norms or cultural scripts
- are central in this theory. This theory embraces the concept of face-wants but the wants are culturally determined. It
- also admits obligatory and strategic use of language, but the scope and depth are interculturally different. Obligatory
- use of language in this theory is termed cultural conventions. Politeness in Blum-Kulka's theory is about appropriate
- use of language in this theory is termed cultural conventions. Forteness in Diani-Ruika's theory is about appropriate
- social behaviors, determined by cultural expectations or cultural norms. This theory of politeness involves cultural
- interpretations on interactions of four parameters: social motivations, expressive modes, social differentials, and social meaning. Social motivations refer to reasons for someone's being polite, expressive modes to linguistic forms
- social meaning. Social motivations refer to reasons for someone's being polite, expressive modes to linguistic forms for politeness, social differentials to situational conditions for politeness (e.g. power, distance, relationship), and
- social meaning of linguistic expressions in particular context.
- 199 The non-verbal hints interpreted from this Blum Kulka's theory are probably (1) that giving any signs of
- appreciation or any conventional symbols is polite, and (2) that behaving non-verbally adjusted to particular context

- is polite.
- 202 3.1.10 Spencer-Oatey (1992)
- 203 Spencer-Oatey (1992) studies politeness in cross-cultural context, viewing that what is respected in a particular
- culture is probably not so in another, e.g. the autonomy principle, which is applicable to Western cultures, but is not
- so in Eastern cultures. Spencer-Oatey (1992) proposes a set of dimensions called Spencer-Oatey's pragmatic scale,
- which comprises three needs: autonomy, approbation, and relational identity. Autonomy is preferred to imposition,
- approbation is preferred to criticism, and inclusion and equality are preferred to exclusion and subordination.
- The non-verbal hints interpreted from this pragmatic scale theory are probably (1) that keeping silent on what others
- are doing is more polite than commenting or saying something about it, (2) that giving any signs of agreement or
- acceptance is more polite than saying something contrary or criticising, and (3) that joining a group or gathering in
- some situation is more polite than being alone or in exclusion within that situation.
- 3.1.11 Thomas' Pollyanna Hypothesis (1996)
- Pollyanna is a little girl in the novel Eleanor H. Porter. The girl has such interesting attitudes that she likes to see
- things from the bright side of life, as described by Thomas (1996). The Pollyanna principle thus suggests one to find
- best ways to say something. This principle also applies in why people tend to talk about interesting things than dull
- ones, or the bright side of life than the dark side. In verbal form, for example, the utterance something too short is
- 217 mitigated into something a bit short, or the utterance I wish you good luck (a wish for success) is accepted, but not I
- wish you bad luck (an expression for sympathy or commiseration).
- 219 The non-verbal hints interpreted from this theory are probably (1) that giving or allowing something better or best of
- 220 ours to others is polite, and (2) that making others happy or pleased with something we do is polite.
- 3.2. Hints of Politeness: From Verbal to Non-Verbal Form
- Now we are coming to hints of politeness, from verbal to non-verbal form. The non-verbal hints here have been
- interpreted from theories of verbal politeness from Fraser & Nolen (1981), Leech (1983), Arndt & Janney (1985),
- 224 Brown & Levinson (1987), Ide (1989), Watts (1989), Gu (1990), Lakoff (1990), Blum-Kulka (1992), Spencer-Oatey
- 225 (1992), and Thomas' Pollyanna Hypothesis (1996). The interpretation has resulted in six hints, each of which will be
- accounted for in the next section.
- 3.2.1 Silence for Politeness
- The first non-verbal hint is Silence for Politeness. This hint has been interpreted from verbal politeness theories by
- 229 Fraser & Nolen (1981), Leech (1983), Brown & Levinson (1987), Lakoff (1990), and Spencer-Oatey (1992).
- This hint has been referred to as a contract to observe when the situation calls (Fraser & Nolen, 1981), as making
- others happy (Leech, 1983), as not doing the face-threatening act (Brown & Levinson, 1987), as not making any
- 232 imposition (Lakoff, 1990), and as not commenting or saying something about what others are doing (Spencer-Oatey,
- 233 1992).
- 3.2.2 Gestures for Politeness
- The second non-verbal hint is Gestures for Politeness. This hint has been interpreted from verbal politeness theories
- 236 by Arndt & Janney (1985), Ide (1989), Gu (1990), Lakoff (1990), Blum-Kulka (1992), and Spencer-Oatey (1992).
- 237 This hint has been referred to as giving any signs or cross-modal emotive cues in interaction with a hearer (Arndt &
- Janney, 1985), as giving any signs of discernment to others with higher social status or with more power, and older
- people (Ide, 1989), as giving any signs of respect, modesty, warmth, or refinement to others (Gu, 1990), as
- producing any non-verbal signs of being friendly or making a hearer feel good (Lakoff, 1990), as giving any signs of
- appreciation or any conventional symbols (Blum-Kulka, 1992), and as giving any signs of agreement or acceptance,
- 242 not of something contrary or criticising (Spencer-Oatey, 1992).
- 3.2.3 Gifts for Politeness
- The third non-verbal hint is Gifts for Politeness. This hint has been interpreted from verbal politeness theories by
- 245 Leech (1983), Brown & Levinson (1987), Gu (1990), and Thomas (1996).
- 246 This hint has been referred to as making others happy, for example by giving things they would like to expect or to
- have (Leech, 1983), as giving something better or best to others, whether we are close to them (positive politeness)
- or we are not (negative politeness) (Brown & Levinson, 1987), as giving things to others as a sign of generosity (Gu,

- 249 1990), and as giving or allowing something better or best of ours to others (Thomas, 1996).
- 3.2.4 Observance of Norms, Rules, and Regulations for Politeness
- The fourth non-verbal hint is Observance of Norms, Rules, and Regulations for Politeness. This hint has been
- interpreted from verbal politeness theories by Fraser & Nolen (1981), Arndt & Janney (1985), and Ide (1989).
- 253 This hint has been referred to as observing the norms in society or rules in institutions, not violating them (Fraser &
- Nolen, 1981), as observing social symbols or signs of regulations in social context (Arndt & Janney, 1985), and as
- observing the formal situation and its participants, occasions, and topic (Ide, 1989).
- 3.2.5 Adjusted Behavior for Politeness
- 257 The fifth non-verbal hint is Adjusted Behavior for Politeness. This hint has been interpreted from verbal politeness
- theories by Watts (1989), Blum-Kulka (1992), Spencer-Oatey (1992).
- 259 This hint has been referred to as observing and adjusting to the group's interest (Watts, 1989), as behaving
- 260 non-verbally adjusted to particular context (Blum-Kulka, 1992), and as joining a group or gathering in some
- situation, instead of being alone or in exclusion within that situation (Spencer-Oatey, 1992).
- 3.2.6 Performance for Politeness
- 263 The sixth non-verbal hint is Performance for Politeness. This hint has been interpreted from verbal politeness
- theories by Watts (1989) and Thomas (1996).
- This hint has been referred to as performing more or better than the group's interest in an open society (Watts, 1989)
- and as making others happy or pleased with something we do (Thomas, 1996).
- 267 4. Discussion
- 268 Based on the results of the analysis, acting the intangible or actings for politeness in the Indonesian context can be
- 269 identified by hints of politeness in non-verbal form. There are, therefore, 6 (six) hints with appropriate actings as
- discussed here. The six hints are (a) silence for politeness, (b) gestures for politeness, (c) gifts for politeness, (d)
- observance to norms, rules, and regulations for politeness, (e) adjusted behavior for politeness, and (f) performance
- for politeness.
- 273 Silence is part of politeness in non-verbal form. The non-verbal forms or actings concerning this hint are those
- concerning silence, e.g. attention, empathy, or impartiality, for example (a) keeping silent when attentive to a hearer
- speaking, (b) keeping silent when showing empathy to a hearer expressing sadness or misery, (c) keeping silent
- when angry to an annoying hearer, (d) keeping silent for showing impartiality on two or more hearers in a severe
- argument, and (e) keeping silent in a highly formal situation.
- 278 Gestures are also part of politeness in non-verbal form. Gestures concern facial expressions or other bodily
- movements and are part of non-verbal politeness. The non-verbal forms or actings concerning this hint are, for
- example (a) smiling as a sign of friendliness, (b) noticing a hearer coming and approaching, (c) nodding the head as
- a sign of paying attention to a hearer saying a point, (d) waving the hand as a sign of acknowledging a hearer within
- sighting distance, and (e) bending the body when meeting a respected hearer.
- 283 Gifts are also part of politeness in non-verbal form. Gifts or things given to a hearer are part of non-verbal politeness.
- Better-quality gifts show more politeness than less-quality ones. This situation is the opposite of the one when a
- speaker empty-handed is visiting a hearer. The non-verbal forms or actings concerning this hint in everyday life are,
- for example (a) giving something after a trip (trip-gift) to a hearer, (b) sending a self-cooked meal or purchased one
- to a neighbor hearer, (c) allowing a sum of money or valuables to a partying hearer, (d) allowing a sum of money for
- a hearer in bereaved situation, and (e) giving a hand to a hearer busy with loaded stuff.
- 289 Observance of norms, rules, and regulations is part of politeness in non-verbal form. Norms or rules or regulations in
- social life are usually passed for particular sanctions. Observance of them is part of politeness, and is regarded as
- 291 normal. Meanwhile, violation of them is regarded as not polite. The non-verbal forms or actings concerning this hint
- in everyday life are, for example (a) listening solemnly to an elder hearer talking, (b) obeying what is told by a
- parent hearer, (c) giving something with the right hand to a hearer, (d) observing the traffic regulations, e.g. turning
- right or left with a lighted sign, and (e) not violating the law.
- Adjusted behavior is part of politeness. Adjusting a speaker's behavior to a particular context is part of politeness in
- 296 non-verbal form. The non-verbal forms or actings concerning this hint in everyday life are, for example (a)

accepting and not underestimating the group's interest, (b) joining and sitting at the group's gathering, (c) coming to an invitation by the group, (d) pretending to be happy on the group's interest, and (e) keeping and taking care of gifts from the group.

Performance in a particular manner is part of politeness in non-verbal form. Performance or body movement involves a speaker's motions or movements directed to a particular hearer within the acting distance. The non-verbal forms or actings concerning this hint are, for example (a) giving way to a hearer walking in a hurry, (b) beseating or fetching a seat for a hearer, (c) escorting a hearer to a particular room for a meeting, (d) giving a ride or a lift to a needy hearer, (e) dressing-up best and properly for a formal situation, (f) helping an aged hearer to cross the street, and (g) traveling farther and purchasing something for the group which is better, more interesting, or more expensive than the group's interest or expectation.

To bring this discussion to an end, we can present here as the findings of the research that the hints of politeness in non-verbal form in the Indonesian context are (a) silence for politeness, (b) gestures for politeness, (c) gifts for politeness, (d) observance of norms, rules, and regulations for politeness, (e) adjusted behavior for politeness, and (f) performance for politeness. The hints of non-verbal politeness above are applicable in interactions or communication by Indonesian speakers in the real-life everyday practices. Acting the intangible or actings for politeness are probably partly or wholy also applicable to the practices of languages and culture in the world, including, the authors believe, English languages and cultures. The non-verbal forms or actings shown as exemplary practices in this research are just part of potential others in the human non-verbal interactions or communication.

315 The hints of non-verbal politeness in this research should be best considered by a speaker when interacting or 316 communicating with a particular hearer especially in the formal context or situation, or in the general public. The 317 hints should also be best considered by teachers and learners of language to encourage harmonious interactions or 318 communication, including the contexts of English language teaching and learning. However, the authors also believe 319 that there are shortcomings of this research, as not all variables have been controlled, e.g. speakers of different ages 320 and or speakers of different languages or speech communities. It is a collegial suggestion that other researchers 321 conduct a further research based on the findings of this research or other researches concerning other ideologies 322 within non-verbal interactions or communication.

The actings derived from the hints of non-verbal politeness in this research are open to elaboration by different languages or speech communities in the world, despite presumably universal aspects of languages. Further researches on these actings are encouraged to verify or to develop the findings in this research or to find out other hints of non-verbal politeness which probably exist in particular languages or speech communities.

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# Acting the Intangible: Hints of Politeness in Non-Verbal Form

Jumanto Jumanto<sup>1</sup>, Sarif Syamsu Rizal<sup>1</sup> & Raden Arief Nugroho<sup>1</sup>

Correspondence: Jumanto Jumanto, Faculty of Humanities, Universitas Dian Nuswantoro, Semarang, Jawa Tengah, Indonesia. Tel: 62-812-878-2484. E-mail: ilhamj@dsn.dinus.ac.id

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#### Abstract

This review paper has explored politeness in non-verbal form to come to hints for indicating the ideology. Politeness in non-verbal form is researched by reviewing verbal politeness theories through interpretive techniques, and then the data in form of interpreted hints based on the reviews are analyzed by employing a coding technique. The six non-verbal hints of politeness found out based on the theoretical reviews are silence for politeness, gestures for politeness, gifts for politeness, observance of norms, rules, and regulations for politeness, adjusted behavior for politeness, and performance for politeness. The hints expectedly provide a sufficient account for non-verbal politeness in interactions or communication between a speaker and a hearer. The findings also encourage promoting harmony among speakers of languages in non-verbal interactions or communication, especially in formal situations or in the general public. The hints are hopefully also worth considering in the context of English language teaching and learning across languages and cultures in the world.

Keywords: verbal/linguistic politeness, non-verbal politeness, interpersonal face, social face, hint

#### 1. Introduction

Language use is a matter of probabilities (Jumanto, 2014), either verbal language or non-verbal language. Conveying messages, therefore, is a matter of choices whether a speaker is using verbal language or verbal form or utterances, or they are using non-verbal language or non-verbal form or, merely called *acting* in this paper. The word acting refers to the art or practice of representing a character on a stage or before cameras (Note 1), analogically used here as acting before a particular hearer or in the general public. This acting may be in form of facial expressions or gestures, or else indicating non-verbal responses for communicating messages.

One of the messages conveyed by a speaker to a hearer is an ideology called politeness. Politeness is a message having to do with the want or the will of a particular hearer to be appreciated by a speaker of language. This concept is termed *face* by Erving Goffman (1959). Along with the development of face theory, there has been interpersonal face or social face. The former is managed together by a speaker and a hearer in a *vis-a-vis* communication, while the latter is protected together by a particular social group in interactions or communication. Interpersonal face or social face needs to be considered as well as maintained for the sake of interpersonal harmony or social harmony.

Theories of politeness on interpersonal face or social face are important for interpersonal interactions or social interactions. These interactions may be vehicled by verbal form or non-verbal form. As in the case of politeness ideology, that verbal form or utterances should be elaborated in such a way that it is perceived as conveying politeness, and so is the case of non-verbal form or actings.

This review paper on acting the intangible, i.e. hints of politeness in non-verbal form has made use of theories of verbal politeness, in which hints are interpreted through a coding technique upon the interpretive techniques applied in the verbal politeness theory reviews. The term intangible here is used to give an emphasis on the fact that politeness is a variant of meaning, thus concerning what behind the form perceived by our visual senses. Upon the hints interpreted, actings for politeness are presented, taken from real-life everyday practices in the Indonesian context within empirically logical assumption as well as experience of the researchers.

## 2. Method

This qualitative research is a literature review. A literature review requires different kinds of activities and ways of thinking (Baker, 2000). An effective review creates a firm foundation for advancing knowledge, facilitates

<sup>&</sup>lt;sup>1</sup> Faculty of Humanities, Universitas Dian Nuswantoro, Semarang, Jawa Tengah, Indonesia

theory development, closes areas where a plethora of research exists, and uncovers areas where research is needed (Webster & Watson, 2002). In this review, new ideas from others' work are extracted by synthesizing and summarizing previous sources so that new theories and directions for future research can be built and suggested based on the evidence (Bolderston, 2008). The literature review in this research is done through interpretive techniques; therefore, interpreting is the main way of thinking in this research. In this research, foundation for advancing knowledge and developing theory is created from interpreting and reviewing established theories of verbal politeness to come to hints of non-verbal politeness. The hints function to limit areas for further research, i.e. non-verbal politeness. Other ways of thinking involved in this research are synthesizing and summarizing of the hints, and then elaboration of the hints into practices (actings) is made to confirm that the hints are applicable in probable real-life situations of speech communities.

Through the interpretive techniques, the researchers examine the data and interpret them through forming an impression and reporting it in a structured form. The data in form of theory reviews upon the interpretative techniques are then further analyzed through a coding technique, which consists of three steps: open coding, axial coding, and selective coding (Strauss & Corbin, 1990; Holloway, 1997; Bohm, 2004; Saladana, 2012).

In the open coding, the data in form of theory reviews are separated and conceptualized. The separated data are then reunited in the axial coding to come to major categories. The selective coding then discovers the main phenomena, i.e. a story line built by relating the major categories from the axial coding. The main non-verbal hints are then applied to practices of politeness in everyday life.

The definition of politeness as the guideline for the reviews of politeness theories in this research is the one proposed by Jumanto (2014), i.e. "Politeness is everything good that has been uttered as well as acted by the speaker to the hearer within a particular context, to maintain their interpersonal face as well as their social face". The verb *uttered* in the definition refers to verbal politeness, while the verb *acted* to non-verbal politeness. Based on the definition, the researchers examine and interpret interpersonal face and social face and their connection with verbal politeness theories to come to the non-verbal hints. It is the non-verbal hints of politeness which are to be found out in this research.

#### 3. Results

# 3.1 Review of Verbal Politeness Theories and Non-Verbal Hints Interpreted

The data in form of theory reviews here are interpreted from verbal politeness theories of Fraser & Nolen (1981), Leech (1983), Arndt & Janney (1985), Brown & Levinson (1987), Ide (1989), Watts (1989), Gu (1990), Lakoff (1990), Blum-Kulka (1992), Spencer-Oatey (1992), and Thomas' Pollyanna Hypothesis (1996). Each of the theories is reviewed and interpreted for the non-verbal hints below. A hint here is referred to as a slight indication of the existence, approach, or nature of something (Note 2) or a piece of advice that helps us to do something (Note 3).

# 3.1.1 Fraser and Nolen (1981)

Fraser & Nolen (1981) propose a different view on politeness. They suggest that the freedom of others in interactions, also in conversations, should be adjusted to a conversational contract. The contract includes observance of norms and also rights and obligations in the interactions with others. The norms proposed by them are based on four dimensions: conventional, institutional, situational, and historical. Conventional dimensions include common rules in interactions, e.g. turns in conversation and softness or loudness of voice. Institutional dimensions include rights and obligations as ruled by a social institution, e.g. the right to speak in court and attentive silence in the church. Situational dimensions include factors in relation to roles, status, and relative power between a speaker and a hearer. Historical dimensions refer to previous interactions between a speaker and a hearer. The four dimensions vary in the applications. Politeness refers to observance to the conversational contract, while impoliteness happens due to violation of the contract. Normal interactions, i.e. interactions based on norms, thus politeness, are usually not seen, while impoliteness is usually noticed. In the eye of Fraser and Nolen, politeness is not in form of strategic interaction nor making a hearer feel comfortable, but it is merely doing the obligations acceptable to terms and conditions in the conversational contract.

The non-verbal hints interpreted from Fraser and Nolen's theory are probably (1) that observing the norms in society or rules in institutions is polite, instead of violating them, and (2) that keeping silent is polite, as it is a contract to observe when the situation calls.

#### 3.1.2 Leech (1983)

Leech (1983) studies politeness in the light of harmony and smooth social interaction, so potential face-threatening acts should be avoided. Leech has proposed 7 maxims for social harmony, i.e. maxims of (1)

tact, (2) generosity, (3) approbation, (4) modesty, (5) agreement, (6) sympathy, and (7) consideration. These maxims should be elaborated in such a way that they give benefits more to others than to one's self. Leech has formulated things a speaker should avoid doing to others (the don'ts), i.e. don't tell others what to do, don't say bad things of others, don't express happiness when others are not happy, don't attack others' view or ideas, and don't praise yourself or show off your wealth or strength.

The non-verbal hints interpreted from Leech's principles of politeness are probably (1) that making others happy, for example by giving things they would like to expect or to have is polite, and (2) that saying nothing or keeping silent when it makes others happy is probably polite.

#### 3.1.3 Arndt and Janney (1985)

Arndt & Janney (1985) propose the appropriacy-based approach to politeness. This theory asserts that politeness concerns appropriate expressions in appropriate context, based on appropriate conventional rules. Arndt and Janney's theory is an interpersonal framework stressing on people as the main factor as well as the center of politeness. This theory centers on emotive communication, instead of emotional communication. The former refers to strategic modification of affective signals to influence others, determined by social sanctions, interaction norms, and civilized expectations, which enables a speaker to control their natural impulses. The latter refers to spontaneous, uncontrolled expressions of emotion. Emotive communication within this theory involves not only utterances but also para- and non-linguistic signals under three dimensions: confidence, positive and negative affections, and intensity, through verbal forms, vocal, and kinesics, termed as cross-modal emotive cues.

This theory elaborates interpersonal supportiveness. Being polite here is not to do with social expectations, but is more to avoid interpersonal conflicts. Interpersonal supportiveness is used to convey message. The main idea is that there are supportive ways and non-supportive ways to express positive and negative feelings. An effective speaker tries to minimalize emotional uncertainty of the hearer by behaving as supportively as possible. This interpersonal supportiveness refers to interpersonal politeness (or tact), which differs from social politeness. Social politeness consists of linguistic forms of high convention, like traffic regulations as a set of conventional rules, which are socially appropriate. Interpersonal politeness is conciliative, while social politeness is regulative.

The non-verbal hints interpreted from this Arndt and Janney's theory are probably (1) that giving any signs or cross-modal emotive cues in interaction with a hearer is polite, and (2) that observing social symbols or signs of regulations in social context is polite.

# 3.1.4 Brown and Levinson (1987)

Brown & Levinson studies politeness in line with face management, engineering the theory of face, i.e. the want of everyone by Erving Goffman (1959). In the face theory, everyone has positive face and negative. Positive face refers to the want or the will to be appreciated by others, while negative face refers to the want or the will not be deappreciated (Brown & Levinson, 1987). They have then divided utterances or verbal acts into two, i.e. face-threatening acts (FTA) and face-saving acts (FSA), and also proposed politeness and negative politeness strategies. In brief, the politeness strategies of Brown & Levinson are of 5 categories: (1) bald on records, (2) positive politeness, (3) negative politeness, (4) off the records, (5) do not do the FTA.

The non-verbal hints interpreted from the theory are probably (1) that giving something better or best to others, whether we are close to them (positive politeness) or we are not (negative politeness) is polite, and (2) that keeping silent (not doing the FTA) is polite.

## 3.1.5 Ide (1989)

Ide's theory (1989) is based on Japanese politeness. The theory highlights discernment as the main aspect of politeness, i.e. honorific forms or chosen verbal utterances demanded by the society. There are no socially neutral utterances in Japanese, but honorific and non-honorific ones. A speaker should choose either one to give information on their interpersonal relationship, even in their most banal factual statement. Use of honorific forms is a must so as to reflect a socio-pragmatic equivalence to grammatical concord. This Japanese politeness called wakimae is based on social conventions. Within this Ide's theory, there are four conventional rules to observe: being polite to people with higher social status, being polite to people with more power, being polite to older people, being polite in the formal situations: to the participants, the occasions, or the topic.

The non-verbal hints interpreted from this Ide's theory are probably (1) that giving any signs of discernment to others with higher social status or with more power, and older people, is polite, and (2) that observing the formal situation and its participants, occasions, and topic is polite.

#### 3.1.6 Watts (1989)

Watts' theory of politeness (1989) refers to emotive communication as politic behavior, i.e. sociocultural behaviors directed to instill or maintain an equilibrium of interpersonal relationship of individuals in a social group. The equilibrium does not refer to social equality, but more to maintenance of social status-quo. Politeness is a particular case of politic behavior.

Important aspects of Watts' theory are restrictive codes and elaborative codes (Bernstein, 1971; Atkinson, 1985). Restrictive codes refer to closed communicative system, while elaborative codes to open communication system. The former system is practiced by closed-groups, while the latter is practiced by open-groups. Closed social groups with closed communicative system place the group's interest above the individual's, while the open social groups with open communicative system enjoy the individual's interest above the group's. This distinction has to do with Ide's notions of volition and discernment. Discernment is practiced by a closed society, for example, Japanese, which basically has a closed communicative system. A society with volision orientation usually has open communicative system, which practices volition, i.e. conscious selection of language by a speaker. Discerment strategies demand that an individual adjust their roles within a group, while volision strategies enable an individual to be prominent beyond a social group.

In Watts' theory, a non-politic behavior is the negative deviation of politic behavior, while politeness is the positive deviation. Politeness consists of behaviors which are more than merely politic or more than merely appropriate. Politeness is a strategis conscious behavior which aims to positively influence the opinion of a hearer upon a speaker's self.

The non-verbal hints interpreted from Watts' theory are probably (1) that performing more or better than the group's interest in an open society is positive or polite, and (2) that observing and adjusting to the group's interest in a closed society is polite.

#### 3.1.7 Gu (1990)

Gu (1990) views politeness from the concept of Chinese politeness. Gu explicitly links politeness to social morals and ethics, thus managing social face for politeness, instead of interpersonal face. Gu's theory is prescriptive in the concept of Chinese limao (politeness), and is attached to moral sanctions from the society. Politeness is not instrumental but normative. Face is not threatened when individual want is not satisfied, but it is when an individual does not observe the standards or expectations of the society. Within the Chinese concept, politeness holds the principle that individual's behaviors should be adjusted to social expectations on respectfulness, modesty, and warmth and refinement. Gu proposes four maxims of politeness, i.e. self-denigration, address, tact, and generosity.

The non-verbal hints interpreted from Gu's theory are probably (1) that giving any signs of respect, modesty, warmth, or refinement to others is polite, and (2) that giving things to others as a sign of generosity is polite.

#### 3.1.8 Lakoff (1990)

Lakoff (1990) asserts that politeness has fallen into imperative rules, i.e. (1) Don't impose, (2) Give options, and (3) Make A feel good, be friendly (Lakoff, 1990). In the first rule, Lakoff suggests that an utterance or verbal form should not contain imposition or arrogance from the side of a speaker. Different cultures apply the three rules differently, and hence culture consequently affects social distance in the first rule, deference in the second, and camaraderie or friendship in the third. Social distance suggests strategies of impersonality, deference does those of respect, and camaraderie does those of informality. Furthermore, Lakoff sees roughly that European cultures stress more on distancing strategies, Asian cultures more on deferential strategies, and modern American cultures on camaraderie.

The non-verbal hints for politeness interpreted from this theory are (1) that keeping the considerate silence instead of making any imposition even the lightest one is polite, and (2) that producing any non-verbal signs of being friendly or making a hearer feel good is polite.

#### 3.1.9 Blum-Kulka (1992)

Blum-Kulka (1992) studies politeness in the context of Israel-Jewish. This theory borrows elements of other politeness theories and interprets them in a culture-relativistic concept. The term cultural norms or cultural scripts are central in this theory. This theory embraces the concept of face-wants but the wants are culturally determined. It also admits obligatory and strategic use of language, but the scope and depth are interculturally different. Obligatory use of language in this theory is termed cultural conventions. Politeness in Blum-Kulka's

theory is about appropriate social behaviors, determined by cultural expectations or cultural norms. This theory of politeness involves cultural interpretations on interactions of four parameters: social motivations, expressive modes, social differentials, and social meaning. Social motivations refer to reasons for someone's being polite, expressive modes to linguistic forms for politeness, social differentials to situational conditions for politeness (e.g. power, distance, relationship), and social meaning of linguistic expressions in particular context.

The non-verbal hints interpreted from this Blum Kulka's theory are probably (1) that giving any signs of appreciation or any conventional symbols is polite, and (2) that behaving non-verbally adjusted to particular context is polite.

#### 3.1.10 Spencer-Oatey (1992)

Spencer-Oatey (1992) studies politeness in cross-cultural context, viewing that what is respected in a particular culture is probably not so in another, e.g. the autonomy principle, which is applicable to Western cultures, but is not so in Eastern cultures. Spencer-Oatey (1992) proposes a set of dimensions called Spencer-Oatey's pragmatic scale, which comprises three needs: autonomy, approbation, and relational identity. Autonomy is preferred to imposition, approbation is preferred to criticism, and inclusion and equality are preferred to exclusion and subordination.

The non-verbal hints interpreted from this pragmatic scale theory are probably (1) that keeping silent on what others are doing is more polite than commenting or saying something about it, (2) that giving any signs of agreement or acceptance is more polite than saying something contrary or criticising, and (3) that joining a group or gathering in some situation is more polite than being alone or in exclusion within that situation.

# 3.1.11 Thomas' Pollyanna Hypothesis (1996)

Pollyanna is a little girl in the novel Eleanor H. Porter. The girl has such interesting attitudes that she likes to see things from the bright side of life, as described by Thomas (1996). The Pollyanna principle thus suggests one to find best ways to say something. This principle also applies in why people tend to talk about interesting things than dull ones, or the bright side of life than the dark side. In verbal form, for example, the utterance *something too short* is mitigated into *something a bit short*, or the utterance *I wish you good luck* (a wish for success) is accepted, but not *I wish you bad luck* (an expression for sympathy or commiseration).

The non-verbal hints interpreted from this theory are probably (1) that giving or allowing something better or best of ours to others is polite, and (2) that making others happy or pleased with something we do is polite.

## 3.2 Hints of Politeness: From Verbal to Non-Verbal Form

Now we are coming to hints of politeness, from verbal to non-verbal form. The non-verbal hints here have been interpreted from theories of verbal politeness from Fraser and Nolen (1981), Leech (1983), Arndt and Janney (1985), Brown and Levinson (1987), Ide (1989), Watts (1989), Gu (1990), Lakoff (1990), Blum-Kulka (1992), Spencer-Oatey (1992), and Thomas' Pollyanna Hypothesis (1996). The interpretation has resulted in six hints, each of which will be accounted for in the next section.

#### 3.2.1 Silence for Politeness

The first non-verbal hint is Silence for Politeness. This hint has been interpreted from verbal politeness theories by Fraser & Nolen (1981), Leech (1983), Brown & Levinson (1987), Lakoff (1990), and Spencer-Oatey (1992).

This hint has been referred to as a contract to observe when the situation calls (Fraser & Nolen, 1981), as making others happy (Leech, 1983), as not doing the face-threatening act (Brown & Levinson, 1987), as not making any imposition (Lakoff, 1990), and as not commenting or saying something about what others are doing (Spencer-Oatey, 1992).

# 3.2.2 Gestures for Politeness

The second non-verbal hint is Gestures for Politeness. This hint has been interpreted from verbal politeness theories by Arndt and Janney (1985), Ide (1989), Gu (1990), Lakoff (1990), Blum-Kulka (1992), and Spencer-Oatey (1992).

This hint has been referred to as giving any signs or cross-modal emotive cues in interaction with a hearer (Arndt & Janney, 1985), as giving any signs of discernment to others with higher social status or with more power, and older people (Ide, 1989), as giving any signs of respect, modesty, warmth, or refinement to others (Gu, 1990), as producing any non-verbal signs of being friendly or making a hearer feel good (Lakoff, 1990), as giving any signs of appreciation or any conventional symbols (Blum-Kulka, 1992), and as giving any signs of agreement or acceptance, not of something contrary or criticising (Spencer-Oatey, 1992).

#### 3.2.3 Gifts for Politeness

The third non-verbal hint is Gifts for Politeness. This hint has been interpreted from verbal politeness theories by Leech (1983), Brown and Levinson (1987), Gu (1990), and Thomas (1996).

This hint has been referred to as making others happy, for example by giving things they would like to expect or to have (Leech, 1983), as giving something better or best to others, whether we are close to them (positive politeness) or we are not (negative politeness) (Brown & Levinson, 1987), as giving things to others as a sign of generosity (Gu, 1990), and as giving or allowing something better or best of ours to others (Thomas, 1996).

#### 3.2.4 Observance of Norms, Rules, and Regulations for Politeness

The fourth non-verbal hint is Observance of Norms, Rules, and Regulations for Politeness. This hint has been interpreted from verbal politeness theories by Fraser & Nolen (1981), Arndt & Janney (1985), and Ide (1989).

This hint has been referred to as observing the norms in society or rules in institutions, not violating them (Fraser & Nolen, 1981), as observing social symbols or signs of regulations in social context (Arndt & Janney, 1985), and as observing the formal situation and its participants, occasions, and topic (Ide, 1989).

## 3.2.5 Adjusted Behavior for Politeness

The fifth non-verbal hint is Adjusted Behavior for Politeness. This hint has been interpreted from verbal politeness theories by Watts (1989), Blum-Kulka (1992), Spencer-Oatey (1992).

This hint has been referred to as observing and adjusting to the group's interest (Watts, 1989), as behaving non-verbally adjusted to particular context (Blum-Kulka, 1992), and as joining a group or gathering in some situation, instead of being alone or in exclusion within that situation (Spencer-Oatey, 1992).

#### 3.2.6 Performance for Politeness

The sixth non-verbal hint is Performance for Politeness. This hint has been interpreted from verbal politeness theories by Watts (1989) and Thomas (1996).

This hint has been referred to as performing more or better than the group's interest in an open society (Watts, 1989) and as making others happy or pleased with something we do (Thomas, 1996).

## 4. Discussion

Based on the results of the analysis, acting the intangible or actings for politeness in the Indonesian context can be identified by hints of politeness in non-verbal form. There are, therefore, 6 (six) hints with appropriate actings as discussed here. The six hints are (a) silence for politeness, (b) gestures for politeness, (c) gifts for politeness, (d) observance to norms, rules, and regulations for politeness, (e) adjusted behavior for politeness, and (f) performance for politeness.

Silence is part of politeness in non-verbal form. The non-verbal forms or actings concerning this hint are those concerning silence, e.g. attention, empathy, or impartiality, for example (a) keeping silent when attentive to a hearer speaking, (b) keeping silent when showing empathy to a hearer expressing sadness or misery, (c) keeping silent when angry to an annoying hearer, (d) keeping silent for showing impartiality on two or more hearers in a severe argument, and (e) keeping silent in a highly formal situation.

Gestures are also part of politeness in non-verbal form. Gestures concern facial expressions or other bodily movements and are part of non-verbal politeness. The non-verbal forms or actings concerning this hint are, for example (a) smiling as a sign of friendliness, (b) noticing a hearer coming and approaching, (c) nodding the head as a sign of paying attention to a hearer saying a point, (d) waving the hand as a sign of acknowledging a hearer within sighting distance, and (e) bending the body when meeting a respected hearer.

Gifts are also part of politeness in non-verbal form. Gifts or things given to a hearer are part of non-verbal politeness. Better-quality gifts show more politeness than less-quality ones. This situation is the opposite of the one when a speaker empty-handed is visiting a hearer. The non-verbal forms or actings concerning this hint in everyday life are, for example (a) giving something after a trip (trip-gift) to a hearer, (b) sending a self-cooked meal or purchased one to a neighbor hearer, (c) allowing a sum of money or valuables to a partying hearer, (d) allowing a sum of money for a hearer in bereaved situation, and (e) giving a hand to a hearer busy with loaded stuff.

Observance of norms, rules, and regulations is part of politeness in non-verbal form. Norms or rules or regulations in social life are usually passed for particular sanctions. Observance of them is part of politeness, and

is regarded as normal. Meanwhile, violation of them is regarded as not polite. The non-verbal forms or actings concerning this hint in everyday life are, for example (a) listening solemnly to an elder hearer talking, (b) obeying what is told by a parent hearer, (c) giving something with the right hand to a hearer, (d) observing the traffic regulations, e.g. turning right or left with a lighted sign, and (e) not violating the law.

Adjusted behavior is part of politeness. Adjusting a speaker's behavior to a particular context is part of politeness in non-verbal form. The non-verbal forms or actings concerning this hint in everyday life are, for example (a) accepting and not underestimating the group's interest, (b) joining and sitting at the group's gathering, (c) coming to an invitation by the group, (d) pretending to be happy on the group's interest, and (e) keeping and taking care of gifts from the group.

Performance in a particular manner is part of politeness in non-verbal form. Performance or body movement involves a speaker's motions or movements directed to a particular hearer within the acting distance. The non-verbal forms or actings concerning this hint are, for example (a) giving way to a hearer walking in a hurry, (b) beseating or fetching a seat for a hearer, (c) escorting a hearer to a particular room for a meeting, (d) giving a ride or a lift to a needy hearer, (e) dressing-up best and properly for a formal situation, (f) helping an aged hearer to cross the street, and (g) traveling farther and purchasing something for the group which is better, more interesting, or more expensive than the group's interest or expectation.

To bring this discussion to an end, we can present here as the findings of the research that the hints of politeness in non-verbal form in the Indonesian context are (a) silence for politeness, (b) gestures for politeness, (c) gifts for politeness, (d) observance of norms, rules, and regulations for politeness, (e) adjusted behavior for politeness, and (f) performance for politeness. The hints of non-verbal politeness above are applicable in interactions or communication by Indonesian speakers in the real-life everyday practices. Acting the intangible or actings for politeness are probably partly or wholy also applicable to the practices of languages and culture in the world, including, the authors believe, English languages and cultures. The non-verbal forms or actings shown as exemplary practices in this research are just part of potential others in the human non-verbal interactions or communication.

The hints of non-verbal politeness in this research should be best considered by a speaker when interacting or communicating with a particular hearer especially in the formal context or situation, or in the general public. The hints should also be best considered by teachers and learners of language to encourage harmonious interactions or communication, including the contexts of English language teaching and learning. However, the authors also believe that there are shortcomings of this research, as not all variables have been controlled, e.g. speakers of different ages and or speakers of different languages or speech communities. It is a collegial suggestion that other researchers conduct a further research based on the findings of this research or other researches concerning other ideologies within non-verbal interactions or communication.

The actings derived from the hints of non-verbal politeness in this research are open to elaboration by different languages or speech communities in the world, despite presumably universal aspects of languages. Further researches on these actings are encouraged to verify or to develop the findings in this research or to find out other hints of non-verbal politeness which probably exist in particular languages or speech communities.

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#### Notes

- 1. https://www.merriam-webster.com/dictionary/acting
- 2. https://www.merriam-webster.com/dictionary/hint
- 3. http://dictionary.cambridge.org/dictionary/english/hint

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# Acting the Intangible: Hints of Politeness in Non-Verbal Form

Jumanto Jumanto, Sarif Syamsu Rizal, Raden Arief Nugroho

Faculty of Humanities, Universitas Dian Nuswantoro, Semarang, Jawa Tengah, Indonesia

Correspondence: Jumanto Jumanto, Faculty of Humanities, Universitas Dian Nuswantoro, Semarang, Jawa Tengah, Indonesia. Tel: +62-812-878-2484. E-mail: ilhamj@dsn.dinus.ac.id

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# Acting the Intangible: Hints of Politeness in Non-Verbal Form

Jumanto Jumanto<sup>1</sup>, Sarif Syamsu Rizal<sup>1</sup> & Raden Arief Nugroho<sup>1</sup>

Correspondence: Jumanto Jumanto, Faculty of Humanities, Universitas Dian Nuswantoro, Semarang, Jawa Tengah, Indonesia. Tel: 62-812-878-2484. E-mail: ilhamj@dsn.dinus.ac.id

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#### Abstract

This review paper has explored politeness in non-verbal form to come to hints for indicating the ideology. Politeness in non-verbal form is researched by reviewing verbal politeness theories through interpretive techniques, and then the data in form of interpreted hints based on the reviews are analyzed by employing a coding technique. The six non-verbal hints of politeness found out based on the theoretical reviews are silence for politeness, gestures for politeness, gifts for politeness, observance of norms, rules, and regulations for politeness, adjusted behavior for politeness, and performance for politeness. The hints expectedly provide a sufficient account for non-verbal politeness in interactions or communication between a speaker and a hearer. The findings also encourage promoting harmony among speakers of languages in non-verbal interactions or communication, especially in formal situations or in the general public. The hints are hopefully also worth considering in the context of English language teaching and learning across languages and cultures in the world.

**Keywords:** verbal/linguistic politeness, non-verbal politeness, interpersonal face, social face, hint

### 1. Introduction

Language use is a matter of probabilities (Jumanto, 2014), either verbal language or non-verbal language. Conveying messages, therefore, is a matter of choices whether a speaker is using verbal language or verbal form or utterances, or they are using non-verbal language or non-verbal form or, merely called *acting* in this paper. The word acting refers to the art or practice of representing a character on a stage or before cameras (Note 1), analogically used here as acting before a particular hearer or in the general public. This acting may be in form of facial expressions or gestures, or else indicating non-verbal responses for communicating messages.

One of the messages conveyed by a speaker to a hearer is an ideology called politeness. Politeness is a message having to do with the want or the will of a particular hearer to be appreciated by a speaker of language. This concept is termed *face* by Erving Goffman (1959). Along with the development of face theory, there has been interpersonal face or social face. The former is managed together by a speaker and a hearer in a *vis-a-vis* communication, while the latter is protected together by a particular social group in interactions or communication. Interpersonal face or social face needs to be considered as well as maintained for the sake of interpersonal harmony or social harmony.

Theories of politeness on interpersonal face or social face are important for interpersonal interactions or social interactions. These interactions may be vehicled by verbal form or non-verbal form. As in the case of politeness ideology, that verbal form or utterances should be elaborated in such a way that it is perceived as conveying politeness, and so is the case of non-verbal form or actings.

This review paper on acting the intangible, i.e. hints of politeness in non-verbal form has made use of theories of verbal politeness, in which hints are interpreted through a coding technique upon the interpretive techniques applied in the verbal politeness theory reviews. The term intangible here is used to give an emphasis on the fact that politeness is a variant of meaning, thus concerning what behind the form perceived by our visual senses. Upon the hints interpreted, actings for politeness are presented, taken from real-life everyday practices in the Indonesian context within empirically logical assumption as well as experience of the researchers.

# 2. Method

This qualitative research is a literature review. A literature review requires different kinds of activities and ways of thinking (Baker, 2000). An effective review creates a firm foundation for advancing knowledge, facilitates

<sup>&</sup>lt;sup>1</sup> Faculty of Humanities, Universitas Dian Nuswantoro, Semarang, Jawa Tengah, Indonesia

theory development, closes areas where a plethora of research exists, and uncovers areas where research is needed (Webster & Watson, 2002). In this review, new ideas from others' work are extracted by synthesizing and summarizing previous sources so that new theories and directions for future research can be built and suggested based on the evidence (Bolderston, 2008). The literature review in this research is done through interpretive techniques; therefore, interpreting is the main way of thinking in this research. In this research, foundation for advancing knowledge and developing theory is created from interpreting and reviewing established theories of verbal politeness to come to hints of non-verbal politeness. The hints function to limit areas for further research, i.e. non-verbal politeness. Other ways of thinking involved in this research are synthesizing and summarizing of the hints, and then elaboration of the hints into practices (actings) is made to confirm that the hints are applicable in probable real-life situations of speech communities.

Through the interpretive techniques, the researchers examine the data and interpret them through forming an impression and reporting it in a structured form. The data in form of theory reviews upon the interpretative techniques are then further analyzed through a coding technique, which consists of three steps: open coding, axial coding, and selective coding (Strauss & Corbin, 1990; Holloway, 1997; Bohm, 2004; Saldana, 2012).

In the open coding, the data in form of theory reviews are separated and conceptualized. The separated data are then reunited in the axial coding to come to major categories. The selective coding then discovers the main phenomena, i.e. a story line built by relating the major categories from the axial coding. The main non-verbal hints are then applied to practices of politeness in everyday life.

The definition of politeness as the guideline for the reviews of politeness theories in this research is the one proposed by Jumanto (2014), i.e. "Politeness is everything good that has been uttered as well as acted by the speaker to the hearer within a particular context, to maintain their interpersonal face as well as their social face". The verb *uttered* in the definition refers to verbal politeness, while the verb *acted* to non-verbal politeness. Based on the definition, the researchers examine and interpret interpersonal face and social face and their connection with verbal politeness theories to come to the non-verbal hints. It is the non-verbal hints of politeness which are to be found out in this research.

#### 3. Results

# 3.1 Review of Verbal Politeness Theories and Non-Verbal Hints Interpreted

The data in form of theory reviews here are interpreted from verbal politeness theories of Fraser & Nolen (1981), Leech (1983), Arndt & Janney (1985), Brown & Levinson (1987), Ide (1989), Watts (1989), Gu (1990), Lakoff (1990), Blum-Kulka (1992), Spencer-Oatey (1992), and Thomas' Pollyanna Hypothesis (1996). Each of the theories is reviewed and interpreted for the non-verbal hints below. A hint here is referred to as a slight indication of the existence, approach, or nature of something (Note 2) or a piece of advice that helps us to do something (Note 3).

### 3.1.1 Fraser and Nolen (1981)

Fraser & Nolen (1981) propose a different view on politeness. They suggest that the freedom of others in interactions, also in conversations, should be adjusted to a conversational contract. The contract includes observance of norms and also rights and obligations in the interactions with others. The norms proposed by them are based on four dimensions: conventional, institutional, situational, and historical. Conventional dimensions include common rules in interactions, e.g. turns in conversation and softness or loudness of voice. Institutional dimensions include rights and obligations as ruled by a social institution, e.g. the right to speak in court and attentive silence in the church. Situational dimensions include factors in relation to roles, status, and relative power between a speaker and a hearer. Historical dimensions refer to previous interactions between a speaker and a hearer. The four dimensions vary in the applications. Politeness refers to observance to the conversational contract, while impoliteness happens due to violation of the contract. Normal interactions, i.e. interactions based on norms, thus politeness, are usually not seen, while impoliteness is usually noticed. In the eye of Fraser and Nolen, politeness is not in form of strategic interaction nor making a hearer feel comfortable, but it is merely doing the obligations acceptable to terms and conditions in the conversational contract.

The non-verbal hints interpreted from Fraser and Nolen's theory are probably (1) that observing the norms in society or rules in institutions is polite, instead of violating them, and (2) that keeping silent is polite, as it is a contract to observe when the situation calls.

#### 3.1.2 Leech (1983)

Leech (1983) studies politeness in the light of harmony and smooth social interaction, so potential face-threatening acts should be avoided. Leech has proposed 7 maxims for social harmony, i.e. maxims of (1)

tact, (2) generosity, (3) approbation, (4) modesty, (5) agreement, (6) sympathy, and (7) consideration. These maxims should be elaborated in such a way that they give benefits more to others than to one's self. Leech has formulated things a speaker should avoid doing to others (the don'ts), i.e. don't tell others what to do, don't say bad things of others, don't express happiness when others are not happy, don't attack others' view or ideas, and don't praise yourself or show off your wealth or strength.

The non-verbal hints interpreted from Leech's principles of politeness are probably (1) that making others happy, for example by giving things they would like to expect or to have is polite, and (2) that saying nothing or keeping silent when it makes others happy is probably polite.

#### 3.1.3 Arndt and Janney (1985)

Arndt & Janney (1985) propose the appropriacy-based approach to politeness. This theory asserts that politeness concerns appropriate expressions in appropriate context, based on appropriate conventional rules. Arndt and Janney's theory is an interpersonal framework stressing on people as the main factor as well as the center of politeness. This theory centers on emotive communication, instead of emotional communication. The former refers to strategic modification of affective signals to influence others, determined by social sanctions, interaction norms, and civilized expectations, which enables a speaker to control their natural impulses. The latter refers to spontaneous, uncontrolled expressions of emotion. Emotive communication within this theory involves not only utterances but also para- and non-linguistic signals under three dimensions: confidence, positive and negative affections, and intensity, through verbal forms, vocal, and kinesics, termed as cross-modal emotive cues.

This theory elaborates interpersonal supportiveness. Being polite here is not to do with social expectations, but is more to avoid interpersonal conflicts. Interpersonal supportiveness is used to convey message. The main idea is that there are supportive ways and non-supportive ways to express positive and negative feelings. An effective speaker tries to minimalize emotional uncertainty of the hearer by behaving as supportively as possible. This interpersonal supportiveness refers to interpersonal politeness (or tact), which differs from social politeness. Social politeness consists of linguistic forms of high convention, like traffic regulations as a set of conventional rules, which are socially appropriate. Interpersonal politeness is conciliative, while social politeness is regulative.

The non-verbal hints interpreted from this Arndt and Janney's theory are probably (1) that giving any signs or cross-modal emotive cues in interaction with a hearer is polite, and (2) that observing social symbols or signs of regulations in social context is polite.

#### 3.1.4 Brown and Levinson (1987)

Brown & Levinson studies politeness in line with face management, engineering the theory of face, i.e. the want of everyone by Erving Goffman (1959). In the face theory, everyone has positive face and negative. Positive face refers to the want or the will to be appreciated by others, while negative face refers to the want or the will not be deappreciated (Brown & Levinson, 1987). They have then divided utterances or verbal acts into two, i.e. face-threatening acts (FTA) and face-saving acts (FSA), and also proposed politeness and negative politeness strategies. In brief, the politeness strategies of Brown & Levinson are of 5 categories: (1) bald on records, (2) positive politeness, (3) negative politeness, (4) off the records, (5) do not do the FTA.

The non-verbal hints interpreted from the theory are probably (1) that giving something better or best to others, whether we are close to them (positive politeness) or we are not (negative politeness) is polite, and (2) that keeping silent (not doing the FTA) is polite.

## 3.1.5 Ide (1989)

Ide's theory (1989) is based on Japanese politeness. The theory highlights discernment as the main aspect of politeness, i.e. honorific forms or chosen verbal utterances demanded by the society. There are no socially neutral utterances in Japanese, but honorific and non-honorific ones. A speaker should choose either one to give information on their interpersonal relationship, even in their most banal factual statement. Use of honorific forms is a must so as to reflect a socio-pragmatic equivalence to grammatical concord. This Japanese politeness called wakimae is based on social conventions. Within this Ide's theory, there are four conventional rules to observe: being polite to people with higher social status, being polite to people with more power, being polite to older people, being polite in the formal situations: to the participants, the occasions, or the topic.

The non-verbal hints interpreted from this Ide's theory are probably (1) that giving any signs of discernment to others with higher social status or with more power, and older people, is polite, and (2) that observing the formal situation and its participants, occasions, and topic is polite.

#### 3.1.6 Watts (1989)

Watts' theory of politeness (1989) refers to emotive communication as politic behavior, i.e. sociocultural behaviors directed to instill or maintain an equilibrium of interpersonal relationship of individuals in a social group. The equilibrium does not refer to social equality, but more to maintenance of social status-quo. Politeness is a particular case of politic behavior.

Important aspects of Watts' theory are restrictive codes and elaborative codes (Bernstein, 1971; Atkinson, 1985). Restrictive codes refer to closed communicative system, while elaborative codes to open communication system. The former system is practiced by closed-groups, while the latter is practiced by open-groups. Closed social groups with closed communicative system place the group's interest above the individual's, while the open social groups with open communicative system enjoy the individual's interest above the group's. This distinction has to do with Ide's notions of volition and discernment. Discernment is practiced by a closed society, for example, Japanese, which basically has a closed communicative system. A society with volision orientation usually has open communicative system, which practices volition, i.e. conscious selection of language by a speaker. Discerment strategies demand that an individual adjust their roles within a group, while volision strategies enable an individual to be prominent beyond a social group.

In Watts' theory, a non-politic behavior is the negative deviation of politic behavior, while politicness is the positive deviation. Politeness consists of behaviors which are more than merely politic or more than merely appropriate. Politeness is a strategis conscious behavior which aims to positively influence the opinion of a hearer upon a speaker's self.

The non-verbal hints interpreted from Watts' theory are probably (1) that performing more or better than the group's interest in an open society is positive or polite, and (2) that observing and adjusting to the group's interest in a closed society is polite.

# 3.1.7 Gu (1990)

Gu (1990) views politeness from the concept of Chinese politeness. Gu explicitly links politeness to social morals and ethics, thus managing social face for politeness, instead of interpersonal face. Gu's theory is prescriptive in the concept of Chinese limao (politeness), and is attached to moral sanctions from the society. Politeness is not instrumental but normative. Face is not threatened when individual want is not satisfied, but it is when an individual does not observe the standards or expectations of the society. Within the Chinese concept, politeness holds the principle that individual's behaviors should be adjusted to social expectations on respectfulness, modesty, and warmth and refinement. Gu proposes four maxims of politeness, i.e. self-denigration, address, tact, and generosity.

The non-verbal hints interpreted from Gu's theory are probably (1) that giving any signs of respect, modesty, warmth, or refinement to others is polite, and (2) that giving things to others as a sign of generosity is polite.

#### 3.1.8 Lakoff (1990)

Lakoff (1990) asserts that politeness has fallen into imperative rules, i.e. (1) *Don't impose*, (2) *Give options*, and (3) *Make A feel good, be friendly* (Lakoff, 1990). In the first rule, Lakoff suggests that an utterance or verbal form should not contain imposition or arrogance from the side of a speaker. Different cultures apply the three rules differently, and hence culture consequently affects social distance in the first rule, deference in the second, and camaraderie or friendship in the third. Social distance suggests strategies of impersonality, deference does those of respect, and camaraderie does those of informality. Furthermore, Lakoff sees roughly that European cultures stress more on distancing strategies, Asian cultures more on deferential strategies, and modern American cultures on camaraderie.

The non-verbal hints for politeness interpreted from this theory are (1) that keeping the considerate silence instead of making any imposition even the lightest one is polite, and (2) that producing any non-verbal signs of being friendly or making a hearer feel good is polite.

# 3.1.9 Blum-Kulka (1992)

Blum-Kulka (1992) studies politeness in the context of Israel-Jewish. This theory borrows elements of other politeness theories and interprets them in a culture-relativistic concept. The term cultural norms or cultural scripts are central in this theory. This theory embraces the concept of face-wants but the wants are culturally determined. It also admits obligatory and strategic use of language, but the scope and depth are interculturally different. Obligatory use of language in this theory is termed cultural conventions. Politeness in Blum-Kulka's

theory is about appropriate social behaviors, determined by cultural expectations or cultural norms. This theory of politeness involves cultural interpretations on interactions of four parameters: social motivations, expressive modes, social differentials, and social meaning. Social motivations refer to reasons for someone's being polite, expressive modes to linguistic forms for politeness, social differentials to situational conditions for politeness (e.g. power, distance, relationship), and social meaning of linguistic expressions in particular context.

The non-verbal hints interpreted from this Blum Kulka's theory are probably (1) that giving any signs of appreciation or any conventional symbols is polite, and (2) that behaving non-verbally adjusted to particular context is polite.

#### 3.1.10 Spencer-Oatey (1992)

Spencer-Oatey (1992) studies politeness in cross-cultural context, viewing that what is respected in a particular culture is probably not so in another, e.g. the autonomy principle, which is applicable to Western cultures, but is not so in Eastern cultures. Spencer-Oatey (1992) proposes a set of dimensions called Spencer-Oatey's pragmatic scale, which comprises three needs: autonomy, approbation, and relational identity. Autonomy is preferred to imposition, approbation is preferred to criticism, and inclusion and equality are preferred to exclusion and subordination.

The non-verbal hints interpreted from this pragmatic scale theory are probably (1) that keeping silent on what others are doing is more polite than commenting or saying something about it, (2) that giving any signs of agreement or acceptance is more polite than saying something contrary or criticising, and (3) that joining a group or gathering in some situation is more polite than being alone or in exclusion within that situation.

# 3.1.11 Thomas' Pollyanna Hypothesis (1996)

Pollyanna is a little girl in the novel Eleanor H. Porter. The girl has such interesting attitudes that she likes to see things from the bright side of life, as described by Thomas (1996). The Pollyanna principle thus suggests one to find best ways to say something. This principle also applies in why people tend to talk about interesting things than dull ones, or the bright side of life than the dark side. In verbal form, for example, the utterance *something too short* is mitigated into *something a bit short*, or the utterance *I wish you good luck* (a wish for success) is accepted, but not *I wish you bad luck* (an expression for sympathy or commiseration).

The non-verbal hints interpreted from this theory are probably (1) that giving or allowing something better or best of ours to others is polite, and (2) that making others happy or pleased with something we do is polite.

# 3.2 Hints of Politeness: From Verbal to Non-Verbal Form

Now we are coming to hints of politeness, from verbal to non-verbal form. The non-verbal hints here have been interpreted from theories of verbal politeness from Fraser and Nolen (1981), Leech (1983), Arndt and Janney (1985), Brown and Levinson (1987), Ide (1989), Watts (1989), Gu (1990), Lakoff (1990), Blum-Kulka (1992), Spencer-Oatey (1992), and Thomas' Pollyanna Hypothesis (1996). The interpretation has resulted in six hints, each of which will be accounted for in the next section.

#### 3.2.1 Silence for Politeness

The first non-verbal hint is Silence for Politeness. This hint has been interpreted from verbal politeness theories by Fraser & Nolen (1981), Leech (1983), Brown & Levinson (1987), Lakoff (1990), and Spencer-Oatey (1992).

This hint has been referred to as a contract to observe when the situation calls (Fraser & Nolen, 1981), as making others happy (Leech, 1983), as not doing the face-threatening act (Brown & Levinson, 1987), as not making any imposition (Lakoff, 1990), and as not commenting or saying something about what others are doing (Spencer-Oatey, 1992).

### 3.2.2 Gestures for Politeness

The second non-verbal hint is Gestures for Politeness. This hint has been interpreted from verbal politeness theories by Arndt and Janney (1985), Ide (1989), Gu (1990), Lakoff (1990), Blum-Kulka (1992), and Spencer-Oatey (1992).

This hint has been referred to as giving any signs or cross-modal emotive cues in interaction with a hearer (Arndt & Janney, 1985), as giving any signs of discernment to others with higher social status or with more power, and older people (Ide, 1989), as giving any signs of respect, modesty, warmth, or refinement to others (Gu, 1990), as producing any non-verbal signs of being friendly or making a hearer feel good (Lakoff, 1990), as giving any signs of appreciation or any conventional symbols (Blum-Kulka, 1992), and as giving any signs of agreement or acceptance, not of something contrary or criticising (Spencer-Oatey, 1992).

#### 3.2.3 Gifts for Politeness

The third non-verbal hint is Gifts for Politeness. This hint has been interpreted from verbal politeness theories by Leech (1983), Brown and Levinson (1987), Gu (1990), and Thomas (1996).

This hint has been referred to as making others happy, for example by giving things they would like to expect or to have (Leech, 1983), as giving something better or best to others, whether we are close to them (positive politeness) or we are not (negative politeness) (Brown & Levinson, 1987), as giving things to others as a sign of generosity (Gu, 1990), and as giving or allowing something better or best of ours to others (Thomas, 1996).

# 3.2.4 Observance of Norms, Rules, and Regulations for Politeness

The fourth non-verbal hint is Observance of Norms, Rules, and Regulations for Politeness. This hint has been interpreted from verbal politeness theories by Fraser & Nolen (1981), Arndt & Janney (1985), and Ide (1989).

This hint has been referred to as observing the norms in society or rules in institutions, not violating them (Fraser & Nolen, 1981), as observing social symbols or signs of regulations in social context (Arndt & Janney, 1985), and as observing the formal situation and its participants, occasions, and topic (Ide, 1989).

## 3.2.5 Adjusted Behavior for Politeness

The fifth non-verbal hint is Adjusted Behavior for Politeness. This hint has been interpreted from verbal politeness theories by Watts (1989), Blum-Kulka (1992), Spencer-Oatey (1992).

This hint has been referred to as observing and adjusting to the group's interest (Watts, 1989), as behaving non-verbally adjusted to particular context (Blum-Kulka, 1992), and as joining a group or gathering in some situation, instead of being alone or in exclusion within that situation (Spencer-Oatey, 1992).

#### 3.2.6 Performance for Politeness

The sixth non-verbal hint is Performance for Politeness. This hint has been interpreted from verbal politeness theories by Watts (1989) and Thomas (1996).

This hint has been referred to as performing more or better than the group's interest in an open society (Watts, 1989) and as making others happy or pleased with something we do (Thomas, 1996).

#### 4. Discussion

Based on the results of the analysis, acting the intangible or actings for politeness in the Indonesian context can be identified by hints of politeness in non-verbal form. There are, therefore, 6 (six) hints with appropriate actings as discussed here. The six hints are (a) silence for politeness, (b) gestures for politeness, (c) gifts for politeness, (d) observance to norms, rules, and regulations for politeness, (e) adjusted behavior for politeness, and (f) performance for politeness.

Silence is part of politeness in non-verbal form. The non-verbal forms or actings concerning this hint are those concerning silence, e.g. attention, empathy, or impartiality, for example (a) keeping silent when attentive to a hearer speaking, (b) keeping silent when showing empathy to a hearer expressing sadness or misery, (c) keeping silent when angry to an annoying hearer, (d) keeping silent for showing impartiality on two or more hearers in a severe argument, and (e) keeping silent in a highly formal situation.

Gestures are also part of politeness in non-verbal form. Gestures concern facial expressions or other bodily movements and are part of non-verbal politeness. The non-verbal forms or actings concerning this hint are, for example (a) smiling as a sign of friendliness, (b) noticing a hearer coming and approaching, (c) nodding the head as a sign of paying attention to a hearer saying a point, (d) waving the hand as a sign of acknowledging a hearer within sighting distance, and (e) bending the body when meeting a respected hearer.

Gifts are also part of politeness in non-verbal form. Gifts or things given to a hearer are part of non-verbal politeness. Better-quality gifts show more politeness than less-quality ones. This situation is the opposite of the one when a speaker empty-handed is visiting a hearer. The non-verbal forms or actings concerning this hint in everyday life are, for example (a) giving something after a trip (trip-gift) to a hearer, (b) sending a self-cooked meal or purchased one to a neighbor hearer, (c) allowing a sum of money or valuables to a partying hearer, (d) allowing a sum of money for a hearer in bereaved situation, and (e) giving a hand to a hearer busy with loaded stuff.

Observance of norms, rules, and regulations is part of politeness in non-verbal form. Norms or rules or regulations in social life are usually passed for particular sanctions. Observance of them is part of politeness, and is regarded as normal. Meanwhile, violation of them is regarded as not polite. The non-verbal forms or actings concerning this hint in everyday life are, for example (a) listening solemnly to an elder hearer talking, (b)

obeying what is told by a parent hearer, (c) giving something with the right hand to a hearer, (d) observing the traffic regulations, e.g. turning right or left with a lighted sign, and (e) not violating the law.

Adjusted behavior is part of politeness. Adjusting a speaker's behavior to a particular context is part of politeness in non-verbal form. The non-verbal forms or actings concerning this hint in everyday life are, for example (a) accepting and not underestimating the group's interest, (b) joining and sitting at the group's gathering, (c) coming to an invitation by the group, (d) pretending to be happy on the group's interest, and (e) keeping and taking care of gifts from the group.

Performance in a particular manner is part of politeness in non-verbal form. Performance or body movement involves a speaker's motions or movements directed to a particular hearer within the acting distance. The non-verbal forms or actings concerning this hint are, for example (a) giving way to a hearer walking in a hurry, (b) beseating or fetching a seat for a hearer, (c) escorting a hearer to a particular room for a meeting, (d) giving a ride or a lift to a needy hearer, (e) dressing-up best and properly for a formal situation, (f) helping an aged hearer to cross the street, and (g) traveling farther and purchasing something for the group which is better, more interesting, or more expensive than the group's interest or expectation.

To bring this discussion to an end, we can present here as the findings of the research that the hints of politeness in non-verbal form in the Indonesian context are (a) silence for politeness, (b) gestures for politeness, (c) gifts for politeness, (d) observance of norms, rules, and regulations for politeness, (e) adjusted behavior for politeness, and (f) performance for politeness. The hints of non-verbal politeness above are applicable in interactions or communication by Indonesian speakers in the real-life everyday practices. Acting the intangible or actings for politeness are probably partly or wholy also applicable to the practices of languages and culture in the world, including, the authors believe, English languages and cultures. The non-verbal forms or actings shown as exemplary practices in this research are just part of potential others in the human non-verbal interactions or communication.

The hints of non-verbal politeness in this research should be best considered by a speaker when interacting or communicating with a particular hearer especially in the formal context or situation, or in the general public. The hints should also be best considered by teachers and learners of language to encourage harmonious interactions or communication, including the contexts of English language teaching and learning. However, the authors also believe that there are shortcomings of this research, as not all variables have been controlled, e.g. speakers of different ages and or speakers of different languages or speech communities. It is a collegial suggestion that other researchers conduct a further research based on the findings of this research or other researches concerning other ideologies within non-verbal interactions or communication.

The actings derived from the hints of non-verbal politeness in this research are open to elaboration by different languages or speech communities in the world, despite presumably universal aspects of languages. Further researches on these actings are encouraged to verify or to develop the findings in this research or to find out other hints of non-verbal politeness which probably exist in particular languages or speech communities.

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## Notes

- 1. https://www.merriam-webster.com/dictionary/acting
- 2. https://www.merriam-webster.com/dictionary/hint
- 3. http://dictionary.cambridge.org/dictionary/english/hint

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